

# Illuminer

2015 - 2016



**"A CHAMPION IS SOMEONE WHO  
GETS UP WHEN HE CAN'T."**

## VISION

To educate young minds and foster ethical, social and moral values through holistic learning to bloom into responsible global citizens.



## MISSION

Strive relentlessly and vigorously – to realise the vision – by making the best use of quality infrastructure, resources and experienced, talented and committed faculty.



### **PAT ON THE BACK!**

Mazhar Ali Baig (IX) , Satya Surya Pranav (VII) and Shubham Sarda (VIII) entered the Semi Finals in the CBSE South Zone Cluster Table Tennis Championship 2015-16. The School secured the third position in the Team Chess tournament conducted in the 5th Rukmini Bai Memorial Trophy 2015-16.

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M. Lakshmi Gowri

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P. Gayatri Devi – Telugu

Anju Agarwal – French

Amena Khan – Urdu

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Rabeea Mirza, VIII

Syed Peeran Quadri, VIII

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Syed Peeran Quadri, VIII

Rabeea Mirza, VIII

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Samurai – Sree Sai Manogna, VIII

Spartans – Rabeea Mirza, VIII

Trojans – P. Anvitha Reddy, VIII

### PUZZLES

Mehuli Das, VIII

### CREATIVE HEAD

Badree





**M. Lakshmi Gowri**  
Editor -in- Chief

Hopefully,  
this magazine  
will be able to  
encapsulate  
the spirit of the  
First Sports  
Meet held in  
December 2015

## Editor's Words

**I**t is a moment of ecstasy and contentment that the School Annual Magazine 'Illuminer' has been in the pipeline for quite sometime and now has finally seen the light of day. We, the brains and brawns working on this project have the pleasure to present this edition to the School Community.

Learning is a life time process. Many new things are bound to originate. But it is an unchangeable fact that learning without games and sporting activities is an unexciting and tiring journey to undertake. That is why; the theme chosen for this year's publication is 'HIGH ON SPORTS'. Hopefully, this magazine will be able to encapsulate the spirit of the First Sports Meet held in December 2015. We wish that this magazine is the beginning of a successful legacy which will be carried forward in the future years by the DeeSians.

An important facet of this issue is the emphasis on the four Houses- KNIGHTS, SAMURAI, SPARTANS and TROJANS who have been given enough space to espouse the School spirit which is built up within its portals through their collective actions, thoughts and aspirations. Every House speaks volumes of its activities, achievements and artistic work. And those of you who want to just flip pages, the colourful snapshots will be a fantastic treat to your eyes.

As the saying goes, "Mind like parachute, works best when opened." This humble initiative is to set the budding minds open allowing them to roam free in the realm of imagination and experience to create a world of beauty in words. The Student Editorial Board has put in a lot of effort to work in a creative way. Various elements like illustrations, poetic expressions, puzzles have added flavour to this publication.

Every care has been taken to make this edition interesting, innovative and impressive. We regret in case of any errors that might have crept in inadvertently.

Enjoy a pleasant reading!

*This year, DSE Banjara Hills celebrated its first Sports Meet which consequently resulted into 'Sports' being the theme for the magazine. Once the topic was out in the open, the Student Editors were put to work. They have put in a lot of effort into this publication under the guidance of the Chief Editor. So, it was only fair to hear them out. The Student Editors were asked a few interesting questions and here are their responses for you!*



**What do you think is the importance of coming up with a magazine every year?**

Magazines play a pivotal role in bringing awareness to us as we get to know things happening around us. We also get to know other's views on various issues. It also helps in letting our creativity blossom which makes us relish and appreciate the pleasant piece of work.

**We have added quite a lot of poetry this time to our magazine. How do you think that's going to have an impact on the outcome?**

People usually have a mindset about magazines. They find most magazines to be boring and sullen to read but once they flip open through the first page of what we've put together, they will surely be in for a pleasant surprise as they would be greeted by the sweetness of poems and would relish their cozy warmth.

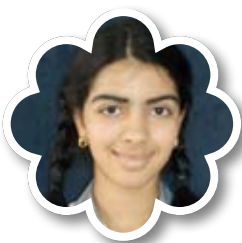


**How did you manage to maintain a balance between your academic work and editing articles?**

Well, I personally like reading various kinds of pieces and articles. So the entire process never felt like too much pressure. I think I'm quite an amateur Grammar Nazi so the flow of working on them came naturally. I'm no genius so it did take a toll on my little teenage brain at times but as the saying goes – All is well that ends well.

**What differences would you like to see in the next session?**

This year, we have had quite an active participation from the students which makes me quite glad, but I hope that students start exploring the vastness of whatever topic they're given. While going through the submitted articles, we noticed a slight monotony when it came to the choice of topics but hopefully, we'll be able to work on the perspective of students and inspire them to think out of the box. Also, I urge students to read books more seriously so that they can become more thorough with the technical aspect of it.

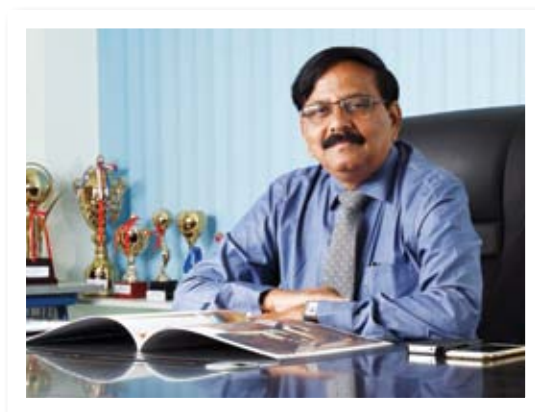


**What was the best part of the entire process according to you?**

The best part was making everyone know who I really am as an editor and a poet. I managed to gain the trust of many people and also proved everyone that I can excel in all aspects of editing.

**How did you feel when you were entrusted with such responsibilities with respect to the magazine this session?**

Whenever I get entrusted with responsibilities, no matter what the task is, I strive to deliver justice. When I was told that I was going to be editing and writing poems for the magazine I felt like I couldn't let anyone down so I tried my best to accomplish my task.



**Mr. P. Madhusudhan Rao**  
Chairman

**D**SE Group of Institutions has moved ahead by leaps and bounds imparting quality education to the future citizens of our country. It gives me immense pleasure to commend the staff and students for their multi-dimensional approach in the realm of education.

Students' education should be inclusive of both sports and cultural activities, which will give them a chance to be all round performers. The First Sports Meet was a spectacular show and is one of the most successful events in the annals of our esteemed institutions. The constructive expenditure of energy that sports brings out is very helpful in keeping a person contented. I only hope that we'll soon have an environment where sports, academics and culture would blend optimally to create holism on campus.

This academic year, you will experience a few changes, since change is the law of nature and we do hope you appreciate the same.

I take this opportunity to congratulate the Editorial Board for bringing out the Annual School Magazine with a strong sense of commitment, service and responsibility.

Students' education should be inclusive of both sports and cultural activities, which will give them a chance to be all round performers



**Ms. Shilpa Ravi**  
Vice Chairperson

Such events help in building organizational capacity among the students and give them an opportunity to work together as a team

**I**t is a matter of pride to pen down the message for 'Illuminer', the Annual School Magazine of DSE. Academic excellence along with sports completes the process of education. And it gives me great satisfaction that the school is progressing in all its endeavours towards the overall development and personality of the students.

Inclusion of games in the curriculum of studies is, therefore, very important in modern times. 'All work and no play makes Jack a dull boy'. This has been rightly proved when DSE held its first Sports Meet which provided an excellent opening to come together in spirit of friendship and healthy competition. Such events help in building organizational capacity among the students and give them an opportunity to work together as a team. In the words of Babe Ruth, "The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club won't be worth a dime."

I wish success to the DSE Group of Institutions in all its endeavours and I congratulate the Editorial Board for creating a good platform for the students to express their creative pursuit in sports.

All the Best and wish you all a fruitful academic session!





**Ms. Ramadevi K.M.**  
Secretary

**I**t's my privilege to serve as the Secretary of DSE Group of Institutions...not only because it's my passion but also because I enjoy the company of my dearly loved students and talented and zealous teachers who keep me energized all the time.

We have taken a completely new turn for blooming up the education system by striving for excellence in every possible field and achieving it in a spectacular way. Our motto "Knowledge is Power" not only goes with rigorous scholastic programmes but also, we seek to develop and nurture the different facets of a child. Committed and dedicated teachers, caring and co-operative parents blend harmoniously to create a child- centric school and through collaborative efforts we can achieve more to benefit our students who are the future leaders.

The academic year saw the First Annual Sports Meet which spoke volumes about the true participation of our students. This is a healthy sign and shows greater awareness of the usefulness of sports in the everyday life of the students.

With the support of our parents, I am confident that we will attain new heights in all spheres of academic progress. I take this opportunity to commend the Editorial Board that has brought out the magazine highlighting the theme 'HIGH ON SPORTS'

All the Best!

We have taken a completely new turn for blooming up the education system by striving for excellence in every possible field and achieving it in a spectacular way



**Ms. Suparna Mehrotra**  
Former Principal

I appreciate the continued effort of all teachers along with the very supportive parents. I am so glad that we share a clear objective of excellence in teaching and learning

It is indeed a privilege to share my thoughts once again with those who are an integral part of this family at Delhi School of Excellence, Banjara Hills. This institution is not merely a building of bricks, mortar and cement, but one where CHARACTER is moulded, MINDS are sharpened and IMPRESSIONS are laid. It is one, where a safe and congenial environment brings cheer and happiness, where global needs meet traditional values, where patriotic feelings are ingrained with universal brotherhood, where unity is strength and simultaneously every individual knows how can he make a difference, where respecting the feelings of others is as important as self esteem.

It is a long and arduous process that involves blending of passion, dedication perseverance, love, respect leadership, enthusiasm and a host of other qualities among the members of the family, to prepare successful individuals for tomorrow. I appreciate the continued effort of all teachers along with the very supportive parents. I am so glad that we share a clear objective of excellence in teaching and learning.

A sincere thank you to the very encouraging and motivating management that is committed to high academic achievements and continue to operate in the spirit of one family.

Kudos to the Editorial Board for putting these master pieces together. I'm sure it will be a pleasure to read.

All the best for the coming year.

I have great pleasure in greeting the students and staff of DSE Banjara Hills through this issue of the school magazine 'Illuminer'. The school publication is a record of the progress of the school in all dimensions of education- academics as well as sports and cultural events.

For the students, it is a memory book of the bright days in which they participated and shared these moments with their peers.

It is my strong belief that sports help students in character building and provide them energy and strength in order to develop mental and physical toughness. To provide an apt platform to showcase the sporting talents of our young Deesians, the School celebrated its first Sports Meet 'Raftaar 2015.' This indeed has added yet another feather to the cap of DSE.

A healthy nation is a wealthy nation. As a result, it is necessary to emphasize on sports. One can also think of a career in sports and encourage children to do their best in this field. After all, we must keep the flag flying high in the world of sports.

Ergo, if children are encouraged to participate in sporting activities they will stay fit for the rest of their lives and the dependence on gadgets will automatically decline.

I convey my best wishes to the Editorial Board for their creative endeavour and I hope the school continues to attain greater heights with new thoughts and aspirations.

With Warm regards!



**Ms. Veena Murthy**  
Principal

To provide an apt platform to showcase the sporting talents of our young Deesians, the School celebrated its first Sports Meet 'Raftaar 2015'



**Ms. Kalyani Chaudhuri**  
Head Mistress

I'm sure, many of us will recall that as children, reading and listening to stories used to be one of the best pastimes.

'The Child is the Father of Man'. This paradoxical line from William Wordsworth's poem sums up the life of a human. Many may wonder though, how? Lucidly explained, it conveys what a child learns in his childhood remains with him forever. It's the child who makes a man.

Old habits die hard. The formative years of a child are crucial for habit formation as these habits pave way to pleasant or unpleasant adulthood.

As stakeholders in the upbringing of each child, the onus is on us- teachers and parents- to make our children sensitive yet strong, curious yet humble, independent yet caring.

Surveys suggest that children are moving away from reading as the contemporary world thrives on gadgets. I'm sure, many of us will recall that as children, reading and listening to stories used to be one of the best pastimes. On one hand, our children are adept at using technology, on the other, they are miles away from wonderland. It is possible to revive this interest with DEAR...Drop Everything and Read. Daily, for 15 minutes, give your child this precious gift as it is believed that real learning happens beyond textbooks.

Playtime and hobby time is equally important. Love for a sport, fine or performing arts rejuvenates the brain cells and helps children concentrate and balance. Sports help children build strong bonds and teach them to prioritise and frame strategies to achieve specific targets. It also builds stamina and enhances resilience.

In this journey, let's join hands to create wonderful human beings. This second edition of ' Illuminer' dedicated to Sports unveils all aspects of a complete life.

Happy reading!



## RENDEZVOUS WITH THE DIRECTOR

**Your academic journey has been quite elaborate. Can you share experiences of your journey so far?**

I began my career as a counsellor for youngsters but went on to become a teacher. My aim was never to become a director, all I wanted to do was teach but as I developed myself professionally over the years, I ended up acquiring greater heights and now here I am! Initially, I wanted to become a doctor but since I was married at an early age I couldn't do so. However, I didn't let my dream of being part of the service industry diminish. And, I believe teaching and being in the education sector is the greatest form of service one can render.

**What are the effective methods to bring out the best in students?**

The most effective way of bringing out the best in students is to understand their perspective and make them believe that they are capable of doing well for themselves and becoming leaders. They should also be made to understand the importance of becoming accountable and taking ownership of what they do. Also, I've always believed that imposing discipline upon students is going to do them no good; it is only self-discipline that can help them better themselves.

**You are a seasoned educationist. What would your advice be for the new teachers?**

Honestly, I think I'm still a learner and shall always be one so I don't think 'advice' is the right word here. All I can do is share my opinions and a few suggestions that come from my personal experience. I think teachers must have a well-organized plan but more importantly should know how to execute it. A teacher should enter a class with an open-mind and be able to accept each child's uniqueness. Bringing out



the best from what is already there within a child is what makes a teacher successful.

**How important are extra-curricular activities for the development of students?**

Knowledge along with the right skill set, values and attitudes is true holistic development of a child which actually helps in achieving excellence in his/ her life. "All work and no play makes Jack a dull boy"- Extracurricular activities play a major role in holistic development of a student and adds a great value to a student during the process of admissions in prestigious universities in his/ her future. These activities are to be balanced well with academics to enjoy the true essence and meet the objectives of the same.

**What defines your style as a professional and a person? Any signature methods?**

As a professional I try to put in my sincere efforts and I stand by my set of principles and values. I do not have any signature methods as such but I feel motivated to put a smile on someone's face while not missing the fun quotient in my own life. It has worked out for me very well over the years so I shall keep moving forward with the same motivation. I believe in having fun and living in the moment whilst doing our respective duties. But

this is only possible when we compartmentalize our time. Also, when one wants to bring a change I think they should just go ahead with it. You know, like Gandhi said – "Be the change you want to see in the world." I try to preach what he said in my professional and personal life.

**What are the changes you would like to bring in the existing system?**

Change is a constant process but I don't exactly plan on bringing about any major changes to the existing system at the moment. I want to observe and understand how things work here and make sure we sustain the best practices. Some new initiatives will surely be taken up to add value to the group. Streamlining of the processes will also go on simultaneously. This entire process is a slow one, changes don't take place overnight.

**What is your vision for the students of DSE?**

DSE should be known for quality education which is holistic in approach. DSE should be able to make leaders out of youngsters. Our youngsters should be confident global citizens with the right attitude and values.

**Interviewers :** Mehuli Das & Peeran Quadri of Grade VIII

**Photographer :** Bilal Kareem of Grade IX

## ENCOMIUMS

### When feelings talk...

I am Navita Jain, mother of Divit Jain of Grade II. My son has been a part of this school since Grade I. The faculty is fantastic and very supportive. The school is taking great initiative to send their students to various competitive exams. My son has been lucky to be selected in the Inter School Competitions. DSE is not only providing a strong academic base but also varied exposure in literary, cultural and sports arena too.



**MS NAVITA JAIN**  
**P/O DIVIT JAIN, II B**

I am glad that my sons are a part of DSE, which symbolizes good standards and prepares students for the real world. The teachers here are dedicated and have a passion for perfection. DSE also teaches discipline with compassion and imbibe in students a sense of responsibility and develop students academically and emotionally.



**MD. RAZI NAWAZ**  
**P/O MD. EHAAN NAWAZ, II B**



Delhi School of Excellence is a good home and the teachers equivalent to a trustworthy parent. The motto of the school "Knowledge is Power" is aptly enunciated in the school curriculum and the students are nurtured to be good global citizens with their academic excellence.

**MS SEEMA SRIVASTAV**  
**P/O SUHAAN, PP II A**



A big 'thank you' for the improvement which I have noticed in Vidisha. She has been supported by her teachers in all aspects and developed confidence in speaking and writing.

**MS DEEPA GUPTA / M/O VIDISHA GUPTA, III B**

Every school is recognized by its motto and the most remarkable aspect of the school is its motto "Knowledge is Power". When we first visited the school, we were impressed by the discipline that was seen in the campus. The other thing that helped us to choose DSE, was the positive feedback we received. We were looking for a school where personal attention would be given to our child which would be possible only if the strength of the class is limited and we were satisfied with the number of pupils DSE has. We are pleased to have our daughter as a part of the school and we are looking forward to see my child growing on the ethics of the school.

**MS JASMINE KAUR**  
**P/O REET KAUR, NURSERY**

I would like to convey my heartfelt thanks to the Principal, teachers and administration of DSE, Banjara Hills. Being a mother of two kids, I was very apprehensive in selecting a school. It has become a daunting task for parents to select a school which provides an environment for allround development and well-being of the kids. DSE has perfect modern teaching methodology, while staying strongly rooted to the traditional values. Scholastic and non- scholastic programmes are finely intertwined in the curriculum, to provide children with maximum opportunities. The atmosphere is ever welcoming, filled with positive vibes. DSE in its true sense is my kid's 'Second Home'.

**REKHA TOKALA**  
**P/O RITHWIK. D, III A**

## LEARNING AT DSE

Let's go on an adventure,  
We'll take you inside,  
It's going to be fun,  
You'll enjoy the ride.

The morning assembly is where our day starts,  
Line by line, class by class, everyone looks so smart

Each period is so jam packed,  
We learn many skills not only facts

Each teacher explains so well,  
When we're asked everyone is able to tell

We even have many activities,  
That keep us busy.

Each of us are very competitive, the spirit keeps us  
alive,

To do our best, we all continuously strive

Deesians are all so bold  
Doing exactly what we're told

Proud of our nation we all are,  
No matter where we go, if it's near or far



## ADMIN STAFF





## A CHAT WITH AN INTERNATIONAL BASKET BALL PLAYER

*Salla Prasad presently working in the Southern Central Railway is known for his determination, dedication and dynamism.*



**In addition to winning laurels in Basketball, do you have other goals? What are they?**

My goal as a son is to give a happy life to my parents. My goal as a father is to feed a healthily planned future for my kids and my goal as a coach is to produce players who can perform better than me.

**What is a good shot according to you? Does it depend on time and score?**

A good shot is one which is shot skillfully with confidence and scoring for the team at any stage of game. A good shot turns precious and valuable when scored at crucial stages of a match.

**Studies show that getting a great night's sleep two days before a big game is just as important as the night before. Do you agree with this?**

Sleep is the process of recharging a person physically and mentally which is true and most essential for every player. A sound sleep at night before the game strengthens and prepares the players for the battle. Dreams come true when worked hard and DREAMS COME ONLY WHEN YOU SLEEP.

**Performances can decrease severely with the slightest bit of dehydration. What do you say about this?**

As the earth is balanced with 70% water and 30% of land, so is the body to be maintained with 70% water. Dehydration leads to decrease in performance levels and injuries to players.

**Do you suggest young trainers to wear ankle braces or get taped for every practice or game which is considered as a way of reducing devastating ankle injuries?**

Braces are not recommended for every practice session unless a player has some previous injury at the ankle to protect the reoccurrence.

Instead, we recommend Basketball shoes which are designed with high ankle support to protect the injuries in ankle due to extreme agile movements during the game.

**It is believed that the trainers should go through a standardized warm-up before every workout and practice. Your comment on this.**

An engine can never start without ignition or spark. Same is the warm-up for a player. A player getting into field without proper warm-up is surely prone to injuries.

**As a trainer, do you motivate your team to play hard and play well?**

Players as individuals and as a team are to be motivated to put in their

complete effort in the game and to play their best game irrespective of who the opponents are.

**Some studies have shown that eating a light meal (with adequate carbs and protein) 3-4 hours before a game is ideal. Is it true?**

Basketball is a game where players are in continuous movement on court for 40 min. Players need to have light food which can yield more energy throughout the game.

**"Every player in a team is different and need to be handled differently!" As a coach, do you treat every player the same?**

It is very true that every individual is different at mind and body. Same physical training may be given with different loads to different players but players are to be treated individually with respect to psychological aspects. TREATING FAIRLY MEANS TREATING AS PER INDIVIDUAL REQUIREMENTS.

**What is the place of 'Basket Ball' in and out of India?**

Since my childhood, India has been a developing country and the same holds good for Basketball in India. Basketball is treated as a fashion in India whereas it is played with passion out of India.

**Does a player's enjoyment reflect on just winning the game?**

Not necessarily only on winning a game but enjoyment and happiness can also be reflected when performed to extreme levels of perfection. Team's betterment leads to lot of happiness and enjoyment.

**Tell us a time that you had to adapt to a difficult situation.**

When I played at the World Railways Meet for the first time where I had the pressure of playing with legends and still had to put myself in best form not to let the team down.

**Your valuable message to our young Basketball players.**

LOVE the game, Make it a PASSION, DEDICATE yourself, Achieve your GOALS and finally INSPIRE others.



## “WE = POWER”

As the stress of being elected begins to roll in  
The students begin to hope they will win

Everyone gives their speeches so well  
Who will win, no one can tell

Students begin to campaign  
In any weather even rain

As more stress begins to build up  
Which house will win the school cup

As we head over to the computer lab  
We click on the House Captain tab

Everyone glances at the choices  
Who will bring out everyone's voices

Some students don't know who to vote for so they just guess  
These elections were as difficult as the game of chess

We go home thinking of who we chose  
Our anxiety of who wins grows

We head to school the next day  
It's time for the results, hip hip hurray!

Our Principal ma'am reads out the results loud  
A burst of excitement builds up in the crowd.



READY TO SHOULDER THEIR RESPONSIBILITY...

## CAPTAINS AT THE HELM

### SENIORS

#### Head Boy



Arigela Nikhilesh – Grade X

#### Head Girl



Syed Nida Wasif – Grade X

### JUNIORS

#### Head Boy



MD. Tameemuddin Ansari  
– Grade V

#### Head Girl



Vaishnavi P – Grade V

### SPORTS

### SENIORS

#### Prefect – Boys



Osamah Ashraf Sheik  
- Grade IX

#### Prefect – Girls



Amala Vaidya – Grade X

### JUNIORS

#### Prefect – Boys



Akshat Sharda – Grade V

#### Prefect – Girls



Ashmita Ukil - Grade V

### DISCIPLINE

#### SENIOR - Prefect



S.V. Gurudatta Reddy  
– Grade X

#### JUNIOR - Prefect



Nuha Khan – Grade V

### CULTURAL

#### SENIOR - Prefect



Anushka Jain – Grade IX

#### JUNIOR - Prefect



Ayaan Tabrez – Grade V

## NIE

### CO ORDINATOR



Ms. Anju Agarwal

### FACILITATOR



Parul C – Grade IX

### FACILITATOR



Mehuli Das - Grade VIII

## HERITAGE

### CO ORDINATOR



Ms. Fatima

### FACILITATOR



Aatmica Bajpai – Grade X

### FACILITATOR



P. Neelesh – Grade VI

## HEALTH & WELLNESS

### CO ORDINATOR



Ms. Anasuya

### FACILITATOR



Thota Sandhya – Grade IX

### FACILITATOR



Faraaz Hussain – Grade IX



## TEENY WEENY DEESIANS

The tiny tots of DSE are plethora of jolliness,  
 Their budding minds always storming with curious thoughts,  
 By default they feel that playing is their domicile,  
 For their vacant gestures are innocently jocund,  
 They are sweet as cakes and their hearts soft as cheese,  
 Their outcry for studies and play is enthusiastic,  
 They are vehemently obedient in what their adults instruct them,  
 Their vigilant observation always turns their thoughts into factual speech.



Our Pre Primary and Primary aim to nurture each child's potential through love, care and encouragement. The early years have a crucial influence on later development and learning. Early childhood foundation makes a great difference to the future achievements of children.



## COLOUR COLOUR EVERYWHERE

Wearing, matching, seeing the shades of the colour  
made the 'Colour Days' special at DSE.

### REDVAGANZA

Red is the colour of power and blood,  
It brings in happiness in a flood,  
To symbolise justice we celebrate the Red Day,  
Where everyone walk towards power as their  
way,

**The Cutie Pies of Pre Primary celebrated  
'Red Day' on 26<sup>th</sup> June '15**



### GREENVAGANZA

Green here, Green there,  
Let's throw the garbage away,  
Not on roads, not to pollute,  
Everywhere this message we have to commute,  
The day which is endowed in green,  
Teaches us to be sanitary and maintain good hygiene,  
Colour green is the description of life,  
Lots of ethical values from it we derive,

**The Pre Primary wing celebrated 'Green Day' on 22<sup>nd</sup>  
July '15.**



### ORANGEVAGANZA

Orange is a colour and a fruit,  
Its indications must be followed suit,  
This colour is the mark of sweet and sour,  
Like eagles in the sky we all must soar.  
The colour orange is the leader of the segment in  
respect to creativity,  
It exhorts one into imaginative and vivacious  
activity,

**'Orange Day' was celebrated on 14<sup>th</sup> August '15**



### YELLOWVAGANZA

The yellow colour is comprised of a gleaming light of  
golden,  
The illumination and vibrancy of this colour is vast as an  
ocean.

**'Yellow Day' was celebrated on 16<sup>th</sup> September '15**



**PINKVAGANZA**

Pink, the colour that rushes  
Like never ending gushes to ever corner of the  
school

And brings the feeling of cool  
It makes everyone giggle with glee  
And little ones move with spree

'Pink Day' was celebrated on 9<sup>th</sup> October '15

**BLUEVAGANZA**

Blue . . . Blue . . . is a wonderful hue,  
Properties of this colour are few,  
But are useful and the origin of integrity,  
This property everyone should have equally,  
'Blue Day' was celebrated on 18<sup>th</sup> November '15

**RAINBOWVAGANZA**

The day is enriched with the essence of the rainbow,  
Towards happiness and fervour is window,  
With multiple colours it is in alliance,  
It's uses and beauty is in abundance,  
This day is a beautiful one ,  
Glancing at it would surely make us nostalgic in the long run.

'Rainbow Day' was celebrated on 24<sup>th</sup> February '16





# LEARNING BY MAKING

Play and learn are the two wings of 'Learning'. The structured play and the planned curriculum makes their wings grow stronger to fly for learning. The young Deesians find a place for interacting, thinking and hands-on learning.



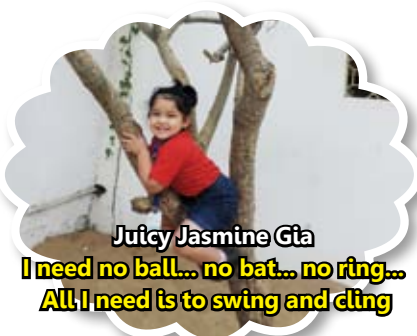


## Visit to INORBIT MALL

**O**n 12<sup>th</sup> February 2016, the Pre Primary kids had an amazing trip to the Inorbit Mall. They enjoyed the Bear and Aeroplane Rides and had fun in bumping cars. The little ones who were very excited played video games. They had lunch in Mcdonalds where they enjoyed their favourite snack. Every child received a gift to make this trip an unforgettable one.



## My Favourite Game





## Class ASSEMBLIES

The assembly presentation gives a platform to enact, speak and instill a sense of confidence.



## DEE SI ASTRO JOURNEY INTO SPACE - Parents' visit

Parents of the Pre Primary visited school on 30<sup>th</sup> January 2016 to participate in the event called DEE SI ASTRO. The school campus was filled with an aura of the space. An air flight atmosphere was created, the little ones donned the role of flight officials and the parents were passengers.

The tiny tots presented various programmes like Sun song, Kith n Kin, Chandamama, Twinkling wonders and few games like Space walk, Stack them up and Find the Alien where arranged for the passengers who had boarded Flight number 2016.







## Graduation DAY

One ... two ... three ... four ...  
 We love to learn more and more  
 Five ... six ... seven ... eight ...  
 We never go to school late.  
 Nine ... ten ... eleven ... twelve ...  
 We don't wait for the home bell.

**Graduation Day was celebrated on 10<sup>th</sup> March, 2016.**

Preschool is a great time to start the learning process. Kids get to play, meet new friends and learn colors, shapes and numbers. The main objective of this day is to give away the achievement certificates to the children for their hard work before moving on to another year of knowledge and joy.

Excitement and pride seemed to radiate from children and parents as the ceremony began. The children replicated their teachers and the much-awaited surprise was a Nursery child, Reet who dressed as Suparna mam left the audience spell bound. The proud PP teachers accompanied their wards to take their diplomas.







## Learning outside their TEXT BOOKS

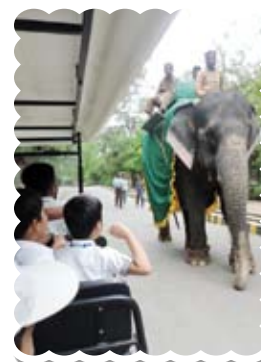
A Chinese proverb very aptly states, "Teach me, and I will forget. Show me, and I might remember. Involve me, and I will never forget." To a very great extent, the theoretical knowledge is enhanced when activities related to the content taught, is organized. Intellectual development of the personality is achieved to a great extent, in the classroom itself.



**Field trips contribute to the learning process. It motivates the child to learn beyond classroom. They see, hear, feel and make connections around.**

On 31<sup>st</sup> July, the students of Nursery to Grade II visited to the Nehru Zoological Park. The main objective of this trip is to promote awareness of wild life.

Sightseeing around the zoo in battery operated cars arranged by the zoo Management thrilled the little ones. They enjoyed watching animals like the White Tiger, Sambhar Deer, Jaguar, African Leopard, a Giant Bear, Giraffe, Rhinoceros and Hippopotamus. They also watched the colourful Parrot, the tall Ostrich and Pigeons. The gorgeous dancing Peacocks and Reptiles took their breath away. The dreadful Rattles greeted DeeSians with its rattling sound.



## PLAYING FOR PLEASURE

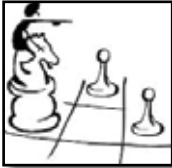


I started skating at the age of 5. It makes me feel as if I am flying in the air.

- Tanmay II A

I love to play Basket ball as it increases my stamina.

- Ayan II B



Playing Chess makes me think and it develops my patience.

- Khyath II A

I like watching and playing cricket .Every weekend, I play cricket with my brother and dad.

- Hitanshi II A



Karate keeps me in good health and makes me feel active.

- Kanak IIA

Basketball is fun playing. I try a lot to put my ball into the basket.

- Vidisha II B

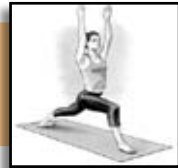


I learnt different techniques of Karate to protect myself.

- Madiha II A

Yoga increases my stamina and flexibility.

- Maryam II A



My favourite cricketer is Dhoni. I want to become like him and play for my country.

- Divit II B

Cricket is good for mind and body. I like bowling and I have my own style of bowling.

- Vedik II A





## Fall In Love With READING

A book is a gift you can  
open again and again.



The Primary block turned into a story land on the 19<sup>th</sup> of September, 2015. The angel faces of Nursery to Grade II enchanted, enthralled and enticed the audience of parents with songs, dances, skits, quiz and games.

The Sweetie Sparrows, Henny Pennys and Ducky Luckys of pre primary brought alive 'The Elves and the Shoemaker', 'The Frog Prince', 'Cinderella', and 'Three Little Pigs'. Little granny gave a tour of 'story land' to her grandchildren. A puppet show was also presented enacting 'Little Red Hen'. Cinderella's ballroom was recreated by the delicate darlings of DSE. The little dancers displayed grace, poise and perfection on the floor and mesmerized the guests. Parents were involved in solving story puzzles, and crown making with their wards.

'World of Words' has surely aroused in students the love for books. The onus is on both parents and teachers to inculcate the reading habit early so as to create a lifelong bond with books as they are still man's best friends.

The presentation was graced by Ms Shilpa Ravi, Vice Chairperson, DSE Group of Institutions, Ms. Ramadevi, Secretary and the Principal, Ms. Suparna Mehrotra.



## Yatra...

### A JOURNEY TO BLEND CULTURES

Saturday, 20<sup>th</sup> February, 2016, tiny DeeSians celebrated the festivals of India aboard Sanskriti Express on campus for their parents. The school ground was showcased as Banjara Station from where the journey of India's colourful culture ensued. The hustle and bustle on a railway platform was recreated with food and book stalls and passengers seeing off their loved ones at the station. An array of performances followed. Recitation of R.L. Stevenson's rhythmic 'From A Railway Carriage' set the pace for the evening. Bhangra from the North, Hasya Kavi Sammelan and Mushayra from Central India, Rabindra Sangeet from the East, Christmas from Goa, Dandiya from Gujarat and Classical dances from the South mesmerized the packed house. The Telugu skit on Ugadi was staged amidst much aplomb. The little choir sang in unison and led the parents to sing the national anthem at the end of the programme. Ms Shilpa Ravi, Vice Chairperson, DSE Group, Ms Shashikala, Academic Director, DSE Group along with Vice Principal, DSE, Banjara graced the occasion and applauded students and teachers for the stupendous presentation.

## Class ASSEMBLIES

Morning Assembly gives a proper start to the day. It is conducted in an atmosphere of serenity and calmness.

### Grade I A



### Grade I B



### Grade II A



### Grade II B





As all the Houses begin to gear up  
 Their aim is to win the House Cup  
**Spartans, Trojans, Samurais and Knights,**  
 Try to compete without putting up a fight  
 As the determination to win grows higher and higher,  
 The students begin to work like fire  
 The House Captains and Mentors try to guide their House well,  
 Which House will win ? No one can tell...





Strong and bold are the Knights  
 They keep reaching great heights  
 They fully enjoy all their rights  
 And are always **MARCHING FORWARD**



## HOUSE NOTES

**“Champions keep playing until they get it right.”– Billie Jean King**

**T**he Knights House has tried hard and touched the zenith of success. Our House consists of students having remarkable unity and coordination which helped to remove obstacles, making the path smooth. We believe in confidence, continuous efforts and team work. With a collective effort, we managed to fetch the trophies for CCA and Drill Display on the Sports Day.

The hunger for success led to a flurry of victories that started the pre-events to our Annual Sports Day. Our athletes ruled the roost as they stormed the sports' events.

We have bagged the 'Overall Championship' this year too. With the same motivation, we are looking forward to retain this position of glory.

**HOUSE MENTOR : MS SANGEETHA**  
**CAPTAIN : NAINA CHAKRABORTHY – GRADE IX**  
**JUNIOR CAPTAIN: FAYEZA KAISER – GRADE V**

### TEAMWORK AND SPORTS

**W**hen in a team we become a part of a whole. We represent a country, an organization, a club, or a project and we work together to achieve a common goal. Teamwork is important at work but it becomes especially critical in sports because you are now competing with another team. There are two important elements of a great sports team, first is the ability of the team as a whole and second is the potential to make this ability work in the interest of the team.

A great philosopher had once said “The whole is greater than the sum of its parts”, in other words it means that as individuals we all have talent and ability, however, when we come together the potential of the entity that is created, that is the team, is far more greater than the sum of individual abilities. In cricket a line-up of good batsmen or bowlers looks formidable and so is the case with football where a strong line up of strikers or

forwards and defenders evokes awe and respect. It is an indicator of an exciting competition or match that is about to happen.

A team is successful if it can use its combined potential with an actionable strategy, and for that it needs to work as a whole. While individual glory is possible and attainable in a team, team tactics involve performing in the interests of the team and sometimes call for sacrifice. In football two strikers work together to reach the rival's goalpost but only one can actually score the goal, the one who is in the best position to score has to get the pass from the other striker so the team can score! Similarly in cricket the two batsmen at the crease have to work together and focus on the team's target, individual achievement must then be incidental. Also a great bowler needs to be backed up with good fielders.

There are very few instances when the entire team failed to



perform but somehow managed to win riding on the shoulders of individual performances. But there have been many instances in history when an all-star team had to bite the dust against a “weaker” team, because the all-star team failed to work together and the supposedly weaker opponent worked like a well-oiled machine.

**Maimoona Khan**  
 Dept. of Computers



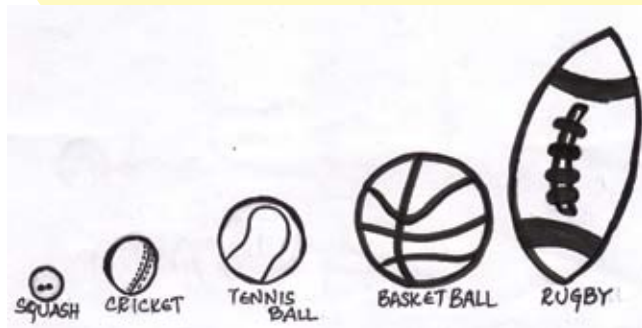


### YOUR SPORT..... YOUR CHOICE

Sports are very important for all of us.  
Playing sports is not only fun  
It keeps us fit, active and healthy.  
It is necessary for everyone.

If you do not want to become lazy and weak.  
Sports will give you what you seek  
So get out and choose the sport of your  
choice!  
In the future, you will surely rejoice.

**URAIR KARIM, VII**



### GROWING WITH SPORTS

**S**ports is loved by children of all age groups. As students, we should also be encouraged at home to participate in various kinds of sports. Sports and education should be given equal importance as that is the best way of achieving success in life. Sports also keeps us away from laziness, diseases and various disorders. It helps us to maintain a healthy mind as well.

Children should not be discouraged when it comes to Sports. There are various kinds of sports such as hockey, swimming, football, badminton, tennis, basketball etc to choose from. Everyone should choose the one that not only helps them stay fit but also provides enjoyment, thrill, excitement and entertainment.

**FREYA SOLANKI, VI**

### FINALLY THE DAY HAS COME

We set out in the bright sun,  
To have lots of fun.  
We have happy and excited faces,  
So eager to see who wins the races.  
We couldn't take the heat,  
Now we're totally free.  
Our flags are flying high,  
We don't want to leave the field with a sigh,  
We create our own history,  
Today we are craving victory,  
Our hopes are as high as the waves in the  
bay,  
After all it is our sports day!

**RIMSHA SULTAN, VI**

### A SOLUTION TO HEALTH PROBLEMS

**S**ports is very beneficial for us. It keeps us healthy and fit. We are energized and can do our work more easily and actively. As sports is fairly good for us, schools should have daily periods devoted completely to it. It will keep us active throughout the day and prevent the contraction of any sort of disease. This will in turn make sure that we attend school every day and do not miss classes.

People nowadays feel that they don't have time to go to a gym. Participating in sports is the solution for this problem. You will not have to waste your money for gyms if you choose a sport for yourself and take it up as an exercise.

**LAMYA MOHAMMEDI, VII**



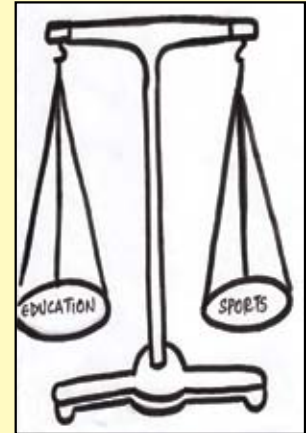


## IMPORTANCE OF SPORTS IN ONE'S LIFE

**S**ports is every child's passion. Be it indoor or outdoor, team game or individual, everyone has a favourite sport. Many people play games for fun, fitness, and strength. For some, it is their life goal. There are many players who are known around the world for their great achievements. For example Sachin Tendulkar has scored more than 100 International Centuries, Usain Bolt, known as World's Fastest Runner and Michael Phelps as the Best Swimmer in the world. Phelps has won more than 18 Gold Medals in Olympics.

My favourite game is Cricket. It is a fun game which I play with my friends and cousins. My favourite player is not just because how he plays but for his good qualities. I feel everyone should play different games irrespective of gender and age.

**MIR ALI ABBAS, VIII**



## MY TRYST WITH FOOTBALL

**M**y favourite sport is undisputedly football. There is something about it which never fails to entertain me while playing. Although I have interest in other sports, like cricket, table tennis etc but for some reason I have a passion for football. Since the beginning, I have been playing football and now I am a pretty good player.

Apart from playing practically, I am also good at playing video games related to football, such as FIFA. I also take keen interest in watching my favourite teams like FC Barcelona, Real Madrid and Manchester United on TV. When it comes to football, the rules are simple and easy to follow and are not as strict as they are in



other sports. But everyone in this world seems to be totally on board with that.

My most appropriate position in the game is that of a "striker". A Striker is someone who is supposed to stand forward and directly shoot at the opponent's goal post. Being one is not easy. Sometimes you have to run back to defend your goal and it can be very tiring.

My favourite football team is Real Madrid and my favourite players are Ronaldo from Real Madrid and Lionel Messi from FC Barcelona. Both the clubs belong to the Spanish Football league. Although there are many good players and good teams, what it really takes for a team to climb the ladder of success is its team work, fair play, determination, good leadership, a proper target and a good coach.

**NAIYAZ AHMED, VIII**

## KOBE BRYANT- MY FAVOURITE SPORTS PERSON

**M**y favourite sports player is Kobe Bryant. Kobe Bryant is famous for playing basketball and he is currently 37 years old. He was born on 23<sup>rd</sup> August, 1978 in Philadelphia which is in Pennsylvania. He has won five NBA championships, while playing for Los Angeles Lakers, which is a well known Basketball Club. He is also recognised as the son of the former Basketball Champion, Joe Bryant. He was recognised as the top basketball player in his high school. His tactics and skills are extremely fascinating. He started playing basketball when he was just 3 years. He was first selected by the basketball team "Charlotte Hornets", and then later he got traded to Los Angeles Lakers. He is the 18 - time All Star and the 15- time member of the All Star NBA team. Sadly, Bryant announced that he would retire after the 2015-16 season.

**REYAAN LUTHRA, VII**

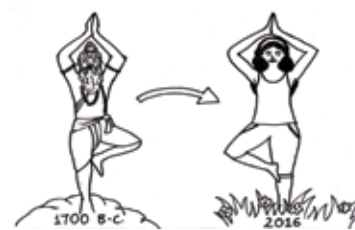


## YOGA – AN OLD DISCIPLINE

**Y**oga is an old discipline from India. It uses breathing techniques, exercise and meditation. It improves health and happiness. Patanjali was a pioneer of classical yoga. Yoga increases flexibility, lubrication of the joints, ligaments and tendons. It massages all the internal glands and organs of the body in a thorough manner. It acts in a wholesome manner on the various body parts. It helps us to stay away from diseases. It also leads to delayed aging and gives us a lot of energy and reduces fat in the body.

Yoga caters to all kinds of sports. It is becoming more popular among sports stars as a means to slowdown the wear and tear rate. Although Yoga provides a lot of benefits for an athlete, some athletes stray away from it because of its philosophical aspect. Surya namaskar is the best all round exercise. Surya Namaskars performed with Pranayama makes one receptive to a higher state of consciousness. Hence, 'Yoga every day keeps dangers at bay'.

**N.RISHITHA NAIDU, VI**



## HOW TO GO ABOUT WITH BASKETBALL?

**M**y favourite sport is Basket Ball. I love it because it is very power-packed and interesting to play. A ball has to be thrown in the basket and doing so will give us 2 points.

We commit a foul by doing the following things:

- By pushing or touching someone.
- Kicking the ball

When the following are done, the ball has to be given to the opponent.

- **Walk-** If you walk more than a step with the ball in your hands then the opponents get the ball.
- **Line Cut-** When you are out and throw the ball, your leg shouldn't be in the court or else it is a line-cut.

Basket Ball is an outdoor game and is very popular in India. Parents prefer to send their wards to schools which have Basketball Courts.



**AFRAAH TAZEEN, VIII**

## MY JOURNEY WITH FOOTBALL



**M**y favourite sport is football. Football became my passion right from my childhood. When I was young, I started learning to dribble, to give a long shot, to shoot and other important techniques of the game. My favourite player is Cristiano Ronaldo.

**SYED MUSAABUDDIN, VIII**

## THE TASTE OF VICTORY

**A**s my name was announced for the Overall Sports Trophy for Juniors (Knights), I jumped up with excitement. I could not believe my ears and felt that I accomplished something in my life. I felt that my hard work and relentless efforts paved the way for my success. I enjoyed being the centre of attraction. My parents were proud of me. I was extremely happy as it was my first time in bagging the trophy.



**FREYA SOLANKI, VI**



## A MOMENT OF PRIDE

**W**hen I first got to know that I had been chosen to carry the torch for 'Raftaar 2015-16', my happiness knew no bounds. I was eagerly waiting to go home and let my mother know the good news. She was as delighted as I was.

It was not an easy task as the torch was heavy and the distance that I was supposed to run was about 150 mts. But I was more than happy to take up the task.

We practiced for the ceremony for quite a long period of time but when the day for the ceremony arrived, I found myself nervous. The chances of me going wrong were pretty narrow due to the prolonged hours of practice that I had undergone, yet it was enough to

make me feel sick and have a dreadful feeling.

When the real moment came, I was quite nervous but I kept telling myself how proud and confident I should be and pat myself for being worthy of holding and carrying aloft the torch for my school on its first annual sports meet. The heat of the moment made me overcome my nervousness and with immense pride, confidence and honour I placed each foot one after another and went on until I stood before the Chief Guest requesting him to light the torch.

This experience of mine has made me feel honoured and has boosted my confidence by leaps and bounds. End of the day I was happy that I made my school and my family proud.

**MAZHAR ALI BAIG, X**

## S...P... O...R...T...S...

**S**ports is as important as 'Education'. While education improves our mental ability, sports improves our physical ability. The most important thing that we should remember is one cannot be winners all the time. Sometimes we have to accept our defeat and share joys of other's victory. Such situations in sports teach us to be patient and accept the decisions of destiny.

Sports keep us healthy and active. In short, they develop qualities like-

S-Supportive  
P-Passionate  
O- Organised  
R-Readiness  
T-Teamwork

**MD. DANIYAAL DAGUER, IV**

## HOCKEY...A DIMINISHING REALITY

**O**ur national sport is hockey. But then it does not get a preference as cricket does. Hockey is a, two team game. The players can be seen running in the field all through the game with good sporting spirit. Hence, everyone is alert throughout. This game requires a lot of team work which leads a way to success.

We have a number of world

class players who play on India's side. Dhyan Chand is one such. He is called 'The Wizard of Hockey'. In fact Punjab contributes most of the players. India first became the World Champion, in hockey, in 1928, by winning the gold medal at Amsterdam Olympics. Also in 1980, India won a gold medal at Moscow Olympics. Hockey is played both by men and women. Dhyan Chand Trophy, Lady Ratan Trophy, Nehru Trophy, Scindia Gold Trophy and Ragaswamy Trophy are some of the trophies associated with hockey.

1928 to 1956 was recognized as a golden period as India won the six consecutive Olympic gold medals. In order to bring another golden period for the hockey, it should be promoted in schools and colleges among students to actively participate. Talented children should be properly trained to play hockey right at the school level. There should be an arrangement of necessary funds and other facilities for students by the government in order to preserve India's glory.

**NAINA CHAKRABORTHY, IX**

## WHAT I FEEL . . . . .

**S**ports play an important role in our lives. Many parents feel that choosing sports is not a good choice and academics is the only solution for a student's life. I feel, parents must encourage their children to take up sports to strengthen their overall personality.

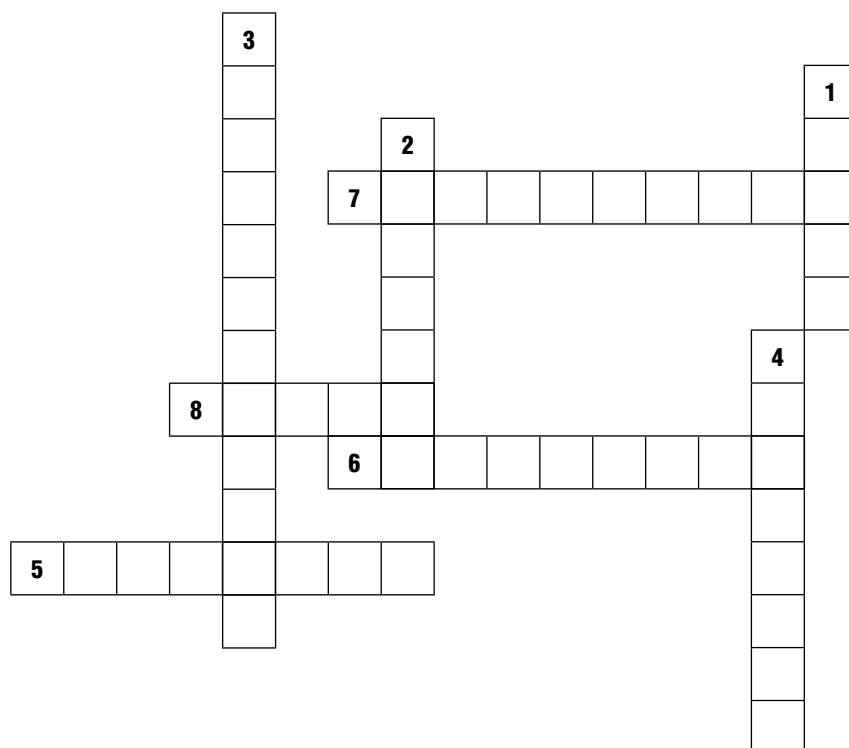
**SHANA MARY GEORGE, VIII**

## IF I WERE A FOOTBALL PLAYER . . .

**I**f I were a football player, I would play in FC Barcelona as one of the best midfielders. I would try and score as many goals as I can. Football will help me build my character. I want to become someone who will inspire others to follow their dreams. Whenever I score goals I shall remember that I am achieving it for my country.

**MD ABRAR ALI AHMER, VII**

## JUST 4 U



## Down

- 1) 'Knight' is the name of a piece in this board game.
- 2) Which Indian city has an IPL team with the word 'Knight' in its name?
- 3) The backbone of this magazine.
- 4) 'Yellow' was the name of a song released by which British rock band in 2000?

## Across

- 5) The knighthood title can only be bestowed in this form of government.
- 6) What did this house win a prize for during Raftaar?
- 7) The name of a famous fictional knight from a Spanish novel written by Miguel de Cervantes Saavedra.
- 8) Yellow is the colour of mourning in this country.

## Laugh Till U Drop



- **Why are basketball players messy eaters?**  
They're always dribbling.
- **Why was Cinderella thrown off the basketball team?**  
She ran away from the ball.
- **Why should a bowling alley be quiet?**  
So you can hear a pin drop!
- **What's the Pakistani version of LBW?**  
Lost, Beaten, Walloped
- **Why does the soccer ball curse so much?**  
Because he gets a kick out of it.







## TOGETHER WE ACHIEVED





The Samurai with **IGNITING SPIRIT** are just great  
They are going to flourish at any rate  
Everyone here is filled with talent  
And everyone here is equivalent





## HOUSE NOTES

**'Talent wins games, but teamwork and intelligence wins championships.'**

**- Michael Jordan**

**K**eeping this quote in mind, the Samurais set in with determination into yet another session ready to work hard and put in best. Though, we missed the Overall Trophy, everyone worked wholeheartedly until the last minute without losing confidence. The students are all prepared to step into the next academic year with even more enthusiasm and spirit. However, we were extremely proud to win the trophy for being the Best Contingent in March Past on the Sports Day..

All year round, the House was seen giving spirited performances and even though it had its share of victories and disappointments, it maintains the age old saying, "Failure is the stepping stone to success." The teachers and students are now gearing up to face another year of tough competition and have pledged to work harder and win the 'Over all Trophy' next year.

**HOUSE MENTOR : MS. R. ANU NAIDU**

**CAPTAIN : MD. SULEMAN – GRADE VIII**

**JUNIOR CAPTAIN : UNNATI MITTAL – GRADE V**

### KEEP GOING SAMURAIS...

**M**otivation in sports is important because you must be willing to work hard in the face of fatigue, boredom, pain, and the desire to do other things. Motivation will impact everything that influences your sports performance: physical conditioning, technical and tactical training, mental preparation, and general lifestyle, including sleep, diet, school or any kind of work.

I happened to read an article in a magazine which highlighted prime motivation and I would like to share this with you . . .

Prime motivation means putting 100% of your time, effort, energy, and focus into all aspects of sport. It involves doing everything possible to become the best athlete you can be.

Prime motivation begins with what I call the three D's. The first D stands for direction. Before you



can attain prime motivation, you must first consider the different directions you can go in your sport. You have three choices: stop participating completely, continue at your current level, or strive to be the best athlete you can be.

The second D represents decision. With these three choices of direction, you must select one

direction in which to go. None of these directions are necessarily right or wrong, better or worse, they're simply your options. Your choice will dictate the amount of time and effort you will put into your sport and how good an athlete you will ultimately become.

The third D stands for dedication. Once you've made your decision, you must dedicate yourself to it. If your decision is to become the best athlete you can be, then this last step, dedication, will determine whether you have prime motivation. Your decision to be your best and your dedication to your sport must be a top priority. Only by being completely dedicated to your direction and decision will you ensure that you have prime motivation.

Dear students! With these 3 D's you will be able to flourish in the field of sports in the coming years.

**R. Anu Naidu, House Mentor**





## LET'S FOOTBALL

Come on India, let's football  
Come on India, let's football  
A game where you will again and again fall,  
Come on India, let's football

Show the world that we are not lazy  
But when we see a football match we  
become crazy

As Indians, we feel proud  
As footballers, we cheer loud  
Come on India, let's football

In every match we have 100% participation  
If we lose we have 100% motivation  
Show that we are awesome  
We challenge those who are troublesome  
Come on India, let's football

Let's cross Messi, the best player  
And make our way clear  
Come on India, let's football

**MD. EHTESHAAM, VIII**



## BENEFITS OF SPORTS

"It's games period". The moment we hear this, I am sure a lot of our favourite games come to mind. Why do we play games? Just for the sake of fun? No, It is not only for fun. There are lot of advantages of sports. We refresh our mind and for some time we forget everything. Some games like chess improve our analytical ability and some other games like football and rugby improve our physical fitness.

Every game has its own advantages and develop a better outlook towards life.

**DEVENDRA T, VIII**



## EXAMINATIONS ARE LIKE CRICKET

Examination Hall-Cricket Field.

Examinee - Batsman

Examiner - Bowler

Marksheet - Score board

Difficult questions - Fast pitch ball

Pen - Bat

Question paper - Ball

Caught cheating - Clean Bowled

Sitting late - Playing Defence

Principal - Umpire

Question out of course - wide ball

Distinction in 3 subjects - Hat trick

First position in class - Man of the match

First position in school - Man of the series

Compartment - Losing the match by 3-4 runs

**MANIKA KHATTER, IX**

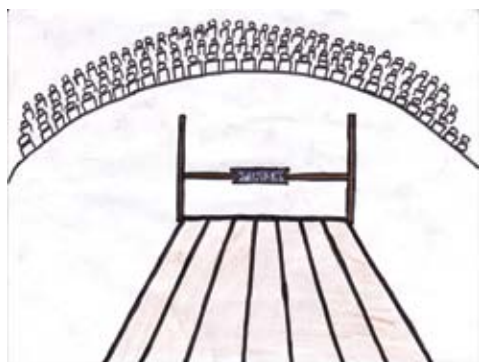


## MICHAEL JORDAN

**M**y favourite sports personality in Basketball is Michael Jordan. He was born on February 7, 1963. He is a businessman and also the owner of the team "Charlotte Hornets". He is first on the top 10 NBA players list. He set a

record of 32,630 baskets (points), 6320 rebounds and 3250 lay ups. He played for the Chicago bulls and the Washington warriors. He played as a defender and a shooter. His lay-ups were marvellous and he was nicknamed "Air Jordan" for his ability to jump high. Later he started to manufacture his own sneakers named "Jordan" with the help of Nike. He is about 6 feet and 6 inches in height. His famous quotation is "I can fail many times to win, but I can't fail to try."

**RUFUS HARSHA, VIII**



## I WISH MY DREAM COMES TRUE !

**R**aftaar- 2015 was an event which unfurled my imagination as a student. I imagined myself as a part of that beautiful moment... the vibrant torch in my hand, running around the track and holding it high. The enthusiastic crowd was waving at me to their heart's content. Everyone wanted to bask in the warmth of the torch, savour every moment beneath the light it rendered. At one point there were so many hands cheering me up - the beauty moved me. SNAP! There I was, back to reality.....back in my classroom. I wish my dream comes true!

**KASHISH KHATTER, VII**

## WHAT MAKES US HAPPY . . . . .

**A**sport is an activity which has an enormous variety of different games. There are numerous types of sports which we enjoy and play to refresh ourselves. Some types of sports are water sports, indoor sports, outdoor sports and many more. Different types of land sports are running, tennis, football etc... and some types of aerial sports are scuba diving, bungee jumping, hand gliding etc. Sportsmen make their country proud by bagging prizes. Sports play an essential role in making our physical health strong. Sports also make children like feel very happy.

**J. SHARANYA, III**



## MY ADORATION FOR BADMINTON

**D**o you play? "Yes," will be the answer from anyone if asked. Who does not play or exercise these days? Let the age be anything, sports and games keep us fit and healthy. Sports help us to regain back the energy we have lost. My favourite sport is badminton. I know that most of us must have played badminton sometime or the other. My favourite player is Saina Nehwal. Though my ambition is not to become a badminton player, I just adore that game.

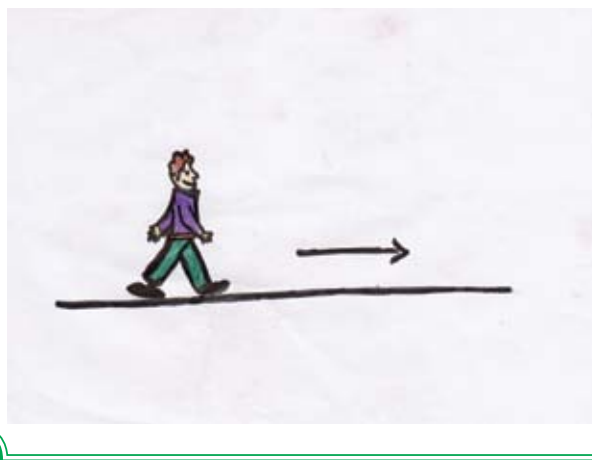
**SREE SAI MANOGNA. M, VIII**

## WHAT DOES SPORTS TEACH US?

**I**t teaches people the benefits of self discipline, team work, mutual respect and fair play. It enables youngsters, in particular, to channelize their energy and aggression in a socially beneficial way.

But the most valuable lesson it teaches is to become better at what one does. It teaches one to rise even when they fall. It teaches one to be faster, stronger and always reach higher.

**MD. NAZISH FURQUAN, VII**



## A LETTER TO MY FRIEND

To: Lilly Davidson

From: Sally Anderson

Dear Lilly,

How are you? Well, I'm fine here. Guess what, yesterday was our Sports Day. I can't wait to tell you all about it!

I guess I told you about Catlin, the bully in our class. She always picks on me, unfortunately, and she did the same thing during our sports day. I was going to participate in the balancing race—we had to walk over thin wooden planks and balance ourselves till we reached the other end. Whoever reaches the end first wins. Two people were selected from each class. Unluckily, Catlin was selected along with me. As usual, we had our sports day practices. Most of them went well. Many parents were going to come and see us. I couldn't wait until it was our sports day!



It was on our second-last practice when the trouble began. We were having our second-last balancing race. The whole school was in our sports ground, while the school buses were arriving one by one into the school. We were having our last race at that time—the balancing race. The race started. It went on well. Just then, Catlin got out. It seemed as if it was on purpose. Each plank was 50m long. If you were out, you had to walk until the end. In the distance, Catlin looked as if she put something on my plank. But I continued. As I neared to the end of the plank, I found a large rock in my way. Determined to reach the end, I took a big step over it. Unfortunately, I lost my balance and fell on my side. I wasn't able to get up. With the help of my friends and teachers, I was able to bear the pain and could stand up. With their support, I managed to reach the shed where I took a seat. It was Thursday and the event was on Monday. I just had only one concern in my mind, "Would I be better until the actual day?"

Luckily, I became better by Sunday. But I was doubtful about participating in the race. What if I would lose my balance due to my wobbly legs? What if I would trip and stumble at the beginning of the race, or anytime during the event? I was too nervous. But I had to go. I could walk slowly if I had to be comfortable. My previous teacher, Miss Hopwood, had taught me that the most important thing is to participate and to finish the race, not to win 1<sup>st</sup> or 2<sup>nd</sup>. But many of my teachers and companions told me to take some rest and to participate in the poem recitation and in the prize distribution ceremony. I did not want to agree, but I had to.

Finally, the programme began. It started with the announcement of the Principal. Then we had an introductory dance by the younger children. Next it was the 8<sup>th</sup> Graders football match. The whole of our school was cheering for the two teams. Then there were the small children's races. There was also a running race between parents and the teachers. Such competitions kept on going on. I recited the poem on 'Sports'.

Then it was the balancing race. I literally pleaded with my teacher for participating in the race. She permitted me to take part, but warned me about falling. "On Your Marks... Get Set... Go!" The race began. This time I had no obstacles in my way. With my self-confidence and determination, I could complete the race without any difficulty. To my amazement, I got 2<sup>nd</sup> position. Everybody congratulated me for my efforts. Though I had a bad leg, I secured the 2<sup>nd</sup> position. I did not believe this at all, but I had done it.

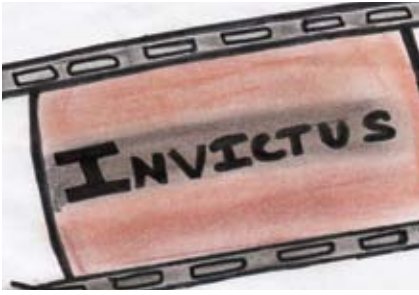
The sports day was not only a proud day for me, but was a day for everyone to cherish. It was a success.

Anyhow, how are you? I have heard that your sports day is days away. Please tell me about the progress of your sports day, and do tell me about your experience. I'll be waiting for your reply. All the best for your sports day! Hope you win many medals and prizes.

From your dear friend,  
Sally

**SHARANYA ANUMULA, VI**





## INVICTUS: THE FILM

**O**n 11<sup>th</sup> February 1990, Nelson Mandela was released from Victor Verster Prison after having spent 27 years in jail. Four years later, Mandela is elected the first Black President of South Africa. His presidency faces enormous challenges in the post-Apartheid era, including rampant poverty and crime, and Mandela is particularly concerned about racial divisions between Black and White South Africans, which could lead to violence. The prejudice which both groups hold towards each other is seen even in his own security detail where relations between the established White officers, who had guarded Mandela's predecessors, and the Black ANC additions to the security detail, are frosty and marked by mutual distrust.

While attending a game between the Springboks, the country's rugby union team, and England, Mandela recognises that the Black Africans in the stadium are cheering for England, as the mostly-White Springboks represent prejudice and apartheid in their minds; he remarks that he did the same while imprisoned on Robben Island. Knowing that South Africa is set to host the 1995 Rugby World Cup in one year's time, Mandela persuades a meeting of the newly Black-dominated South African Sports Committee to support the Springboks. He then meets with the captain of the Springboks rugby team, François Pienaar, and implies that a Springboks victory in the World Cup will unite and inspire the nation. Mandela also shares with François a British poem, "Invictus" that had inspired him during his time in prison.

François and his teammates train. Many South Africans, both Black and White, doubt that rugby will unite a nation torn apart by nearly 50 years of racial tensions, as for many Blacks, especially the radicals, the Springboks symbolise White supremacy. Both Mandela and Pienaar, however, stand firmly behind their theory that the game can successfully unite the South African country.

Things begin to change as the players interact with the fans and begin a friendship with them. During the opening games, support for the Springboks begins to grow among the Black population. By the second game, the whole country comes together to support the Springboks and Mandela's efforts. Mandela's security team also grows closer as the various officers come to respect their comrades' professionalism and dedication.

The Springboks surpass all expectations and qualify for the final against the All Blacks—South Africa's arch-rivals. New Zealand and South Africa were universally regarded as the two greatest rugby nations, with the Springboks being the only side to have a winning record against the All Blacks up to this point.[4] The first test series between the two countries in 1921 was the beginning of an intense rivalry, with emotions running high whenever the two nations met on the rugby field.

Before the game, the Springbok team visits Robben Island, where Mandela spent the first 18 of his 27 years in jail. There Pienaar is inspired by Mandela's will and his idea of self-mastery in "Invictus". François mentions his amazement that Mandela "could spend thirty years in a tiny cell, and come out ready to forgive the people who put him there".

Supported by a large home crowd of all races, Pienaar motivates his team to a large extent. Mandela's security detail receives a scare when, just before the match, a South African Airways Boeing 747

jetliner flies in low over the stadium. It is not an assassination attempt though, but a demonstration of patriotism, with the message "Good Luck, Bokken" — the Springboks' Afrikaans nickname — painted on the undersides of the plane's wings. The Springboks win the match with a score of 15–12. Mandela and Pienaar meet on the field to celebrate the improbable and unexpected victory. Mandela's car then drives away in the traffic-jammed streets leaving the stadium. As Mandela watches the South Africans celebrating together from the car, his voice is heard reciting the poem *Invictus*.

This movie teaches us that Sports has more to do than what we generally associate it with. It teaches us about the inextricably woven relation it has with society and how it can do drastic things like it did in this case. This movie, directed by Clint Eastwood hits all the right notes. Actors Morgan Freeman and Matt Damon have portrayed their respective characters wonderfully. I would suggest all of you read the book that this movie is based on, and watch the film as well. It will surely be worth your while.

Lastly, I would also like all of you to read the ever inspiring poem, *Invictus*, written by William Ernest Henley –

Out of the night that covers me,  
Black as the pit from pole to pole,  
I thank whatever gods may be  
For my unconquerable soul.

In the fell clutch of circumstance  
I have not winced nor cried aloud.  
Under the bludgeonings of chance  
My head is bloody, but unbowed.

Beyond this place of wrath and  
tears

Looms but the Horror of the shade,  
And yet the menace of the years  
Finds and shall find me unafraid.

It matters not how strait the gate,  
How charged with punishments the  
scroll,

I am the master of my fate,  
I am the captain of my soul.

**MEHULI DAS, VIII**



## LIONEL MESSI

**M**y favourite sports personality is Lionel Messi. He started his career in 2004 with FC Barcelona in Copa Del Rey against Athletic Bilbao. He is the Captain of Argentina's national team. He is the 4th highly paid sports person. He has received three Golden Boots Award which puts him in the second highest position after Ronaldo. He is 28 years of age. He has played most number of finals in one season. He has won four Copa Cups. He has scored 501 goals in 631 appearances. He has a lifetime contract with Adidas. Messi is also interested in charity work.

**MIRZA SAAD HASSAN, VIII**

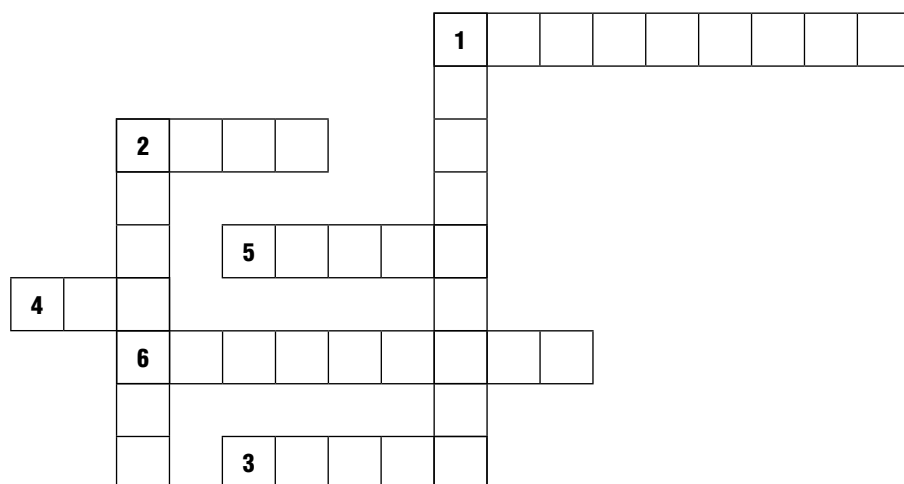
## ROLE OF YOGA IN SPORTS

**Y**oga is a bodily gospel. Yoga means union; the union of body with consciousness and consciousness with the soul. Yoga deals with evolution of humanity which includes all aspects of one's being, from bodily health to self realization. Yoga cultivates the ways of maintaining a balanced attitude in day-to-day life and endows skill in the performance of one's actions. Yoga and sports are often seen in opposition. They are considered opposite because of the quiet approach of yoga in contrast to the competitiveness in sports. In yoga, we talk about practice whereas in sports emphasis is laid upon training. The one thing that connects these two together is the attainment of whatever aim one wants to achieve.

**MEGHA VUPPALA, IX**



## JUST 4 U



## Down

- 1) Nuuk is the capital of this country.
- 2) The House Captain of 2015-16.

## Across

- 1) The tallest student in this house.
- 2) This celestial body is found in the logo of this house.
- 3) The weapon seen in the house logo.
- 4) What was the prop used in the mass drill by this house?
- 5) Where were the Samurais from?
- 6) What did this house win a prize for during Raftaar?



## TOGETHER WE SERVED







The Spartans are **SETTING NEW TRENDS**

They all have no loose ends

They have tremendously progressed

In many activities with interest



## HOUSE NOTES

**'It's not whether you get knocked down; it's whether you get up'**

**- Vince Lombardi**

**T**his year was no exception as far as the ferocity and intensity of competition with other Houses was concerned. The Spartan House warriors took the challenge and proved their mettle yet again by emerging victorious in several fields. Since every event offered challenge and a promise of sweet success, the House, true to its nature, rose on every occasion to take them on seriously. We won some and lost some but then winning and losing are part of the game and this is what keeps the House going.

The House worked really hard this time and has learnt to put its best efforts in all the events whether big or small. We are gearing up for stiff competition and look forward to winning the 'Over all Trophy in the next academic year. We hope to take part in each and every event and competition with even more vigour, enthusiasm and team spirit.

**HOUSE MENTOR : MS AMENA KHAN**

**CAPTAIN : ANULIKITA UNAGARLA GRADE IX**

**JUNIOR CAPTAIN : YASHAS GRADE V**

### SPORTS AND ETHICS

**S**ports also has a huge impact over people's lives, as it creates unity, promotes values and community pride. Therefore, everyone who participates in sports should take personal responsibility for ensuring that the sport is fun and no foul play is involved.

Sport is a very important part of life as it can bring people together. This is the reason why sports should be played properly with good ethics and values. Morals, values and ethics are more than just sayings, rules or law. But they imply that taking actions is 'right' or 'good'.

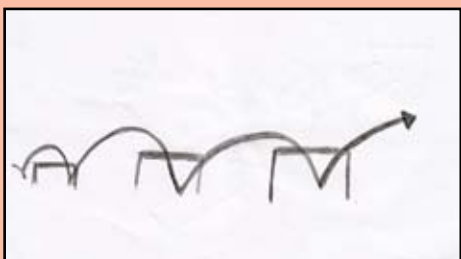
One of the problems of upholding morals and values in sport is that the morals and values of one participant may differ from that of another. It is, therefore, an obligation on the part of coaches and leaders to define basic sports morals and values which they want their team to adhere to and then lead by example.

So, dear students be it any sport, play a fair game and develop sports ethics like:

- Integrity
- Respect
- Equity

**SHIVANI KHATTER, PRIMARY WING**





## RISE ABOVE THE OBSTACLES

Together everyone achieves more  
Focus and hard work in the beginning  
Later on you should think of winning  
Concentrate on what you have to do  
A sportsman should always be true.

Discipline will always help you win  
The rules and game will naturally roll in  
To succeed you should have passion  
Don't do it for fashion  
It doesn't matter if you lose  
You shouldn't sit around with the blues  
Raise your head and proudly say

I will try harder next time but I did my best  
anyway.

**RABEEA MIRZA, VIII**

## SAINA NEHWAL

When we think of sports we are automatically reminded of all men players but not many of us think of women players.

Saina Nehwal is an Indian badminton player. She is ranked number 1 in the world and has won laurels for India. She was the first Indian to win a gold medal in the Olympics and also won a silver medal at the 2015 BWF world championship. When she was 16 years old, she became the first Indian woman and the youngest player from Asia to win a 4-star tournament-The Philippines Open.

When we think of sports we should think of the great woman players of the world.

**AMULYA PABBISETTY, VI**



## OUR BEST FRIEND

Never think the fun of sports will end,  
It will always be our best friend,  
Sports are of many kinds,  
They bring peace to our soul and mind,  
Win or lose, we are all queens and kings,  
Happiness and friendship it brings,  
Our hearts jump with happiness,  
It improves our health and fitness.

**MD. TAMEEMUDDIN, V**



## THE ART OF SPORTS

Sports is an art  
Which we play with our heart  
It sets all our differences apart  
It is played inside fields and also outdoor,  
When we play we always want to do more,  
There are many rules  
Those who break are fools,  
We always have fun,  
Playing in the sun,  
We are always on the run  
Sports help us in terms of discipline  
It always feels good when we win

**ANJALI REDDY, VII**



## ORIGIN OF CHESS

**C**hess is one of humanity's popular pastimes and has been described not only as a game, but also as an art, a science and a sport. Chess is sometimes seen as an abstract war-game and a 'mental martial art'. And teaching and playing chess have been advocated as a way of enhancing mental prowess.

The exact origin of chess is unknown, but most sources trace it to an Indian game called Chaturanga, which first appeared sometime during the 6th century C.E. Chaturanga is thought to be the first game played on a board made of squares that also featured different types of pieces, each with their own distinct properties. The word Chaturanga translates roughly as "four divisions," which is a reference to the four divisions of the military represented by the different kinds of pieces in the game.

The game was brought to Persia during the 7th century where its name evolved into Shatranj. The



rules continued to evolve as well, and the custom of calling out "Shah" (Persian for "King") when attacking the king was born. In fact, "Shah mat," meaning "the king is helpless," is the term that eventually became "Checkmate."

The game continued to grow and undergo changes as different cultures were introduced to it throughout the Middle East and Russia, and by the 11th century it had spread throughout Europe, where many of the changes that made chess into the game we play today took place. The names of the pieces were changed to king, queen, rook, knight, bishop and

pawn and by the 15th century the basic rules we still use today were deemed official. Those rules underwent some small changes intended to speed up the game and force more skirmishes between the pieces, eventually producing our modern version of chess.

The international governing body of Chess is FIDE, which has presided over the world championship matches for decades. Most countries of the world have a national chess organization as well. Although chess is not an Olympic sport, it has its own Olympiad, held every two years as a team event.

**CHETANA CHINTAPALLY, VII**



## TABLE TENNIS AND MY PASSION FOR THIS SPORT

**T**able Tennis is a game of skill and talent. One needs to be skillful to play this sport professionally. I play the sport because I cannot imagine my life without

it. I enjoy the practices, the travel, the countless pair of different types of shoes and the appreciation of our coaches. I live for ecstatic feeling when I beat an opponent. I live for the competition, the memories, and the pain. This is who I am. I love playing table tennis and I have many trophies.

For me Table Tennis is not just a sport where I hold a racket and hit a ball, it is way more than that. It is something I live for, something I dream about, something that makes me a better person off court. Table Tennis taught me that I shouldn't be over emotional because people tend to take advantage of my weakness.

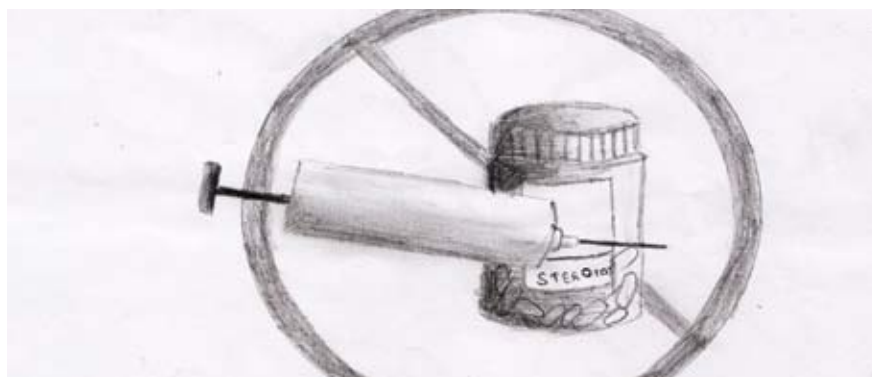
I still remember the day when I won my first tennis match, I was so delighted. For me it is not just winning a first round, but an inspiration of playing the sport day in and day out, working hard and giving my 100 percent all the time. Winning and losing is part of the game, but it depends on us how we deal with it.

**K. SATYA SURYA PRANAV, VII**

## STERIODS – A THREAT TO LIFE

**Y**ou can find many safety concerns with taking steroids to help your body's healing ability in sports. Your cholesterol level increases, several heart problems are caused, possible dehydration due to losing too much water weight (causing you to lose a noticeable amount of body mass), skin problems, high blood pressure, liver injury, and in some exceptional cases, they may be a damage to the left ventral in the heart.

Baseball is a sport that is extraordinarily physically challenging, particularly for those who are the pitcher. It's not exactly easy to send a ball at 90+ miles per hour, each pitch can easily break the pitcher's arm enough where the athlete would be forced to waste several weeks or even months in the hospital. That is why many baseball players use steroids.

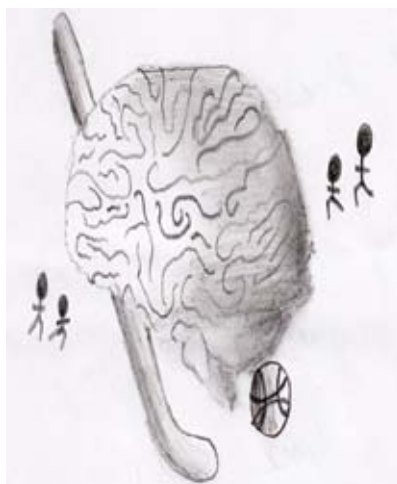


They also have some benefits. These benefits are: increased muscle growth, losing water pounds, a faster metabolism, burning fat, increasing testosterone, and it has even been known to help typical issues like hair loss and other similar degenerative issues in the male body.

However, if people aren't careful with the usage of steroids, the multiple bad side effects can begin to damage the human body and can be permanent. The most

likely problems that are noted to occur with those who regularly use steroids for a lengthy period of time are virtually always centered on the heart. High blood pressure and very high levels of cholesterol are usually the most common for individuals who use them. While most of the concerns aren't going to affect the athlete while he or she is young, the more it will affect them when he or she grows old.

**RABEEA MIRZA, VIII**



## HERITAGE GAMES - A WALK DOWN THE MEMORY LANE

**L**ooking at the modern children, one striking difference between the childhood that the previous generation had and this generation

has, is the lack of Indian or native games. In the 1980's, there were a variety of indoor and outdoor games that were played.

Games like- Kabaddi, Goli, Ghilli or indoor games like- Dhaayakattam, Paandi and Aadu Puri Aattam etc. have a rich culture and heritage value and are means of passing on some ancestral knowledge to the present generation.

Some of the popular traditional games are- Gilli danda, Gaming top, Kabbadi and Kho Kho.

Gilli danda is among the most popular heritage games in India. It is an amateur sport played in rural areas and small towns all over Bangladesh, India, Pakistan, Nepal, Turkey and Italy. The game is played with two sticks, a large one called Danda which is used to hit a small one called Gilli.

Bambaram in Tamil, Lattu in Urdu, or Gaming top in English is a game played with spinning tops. This game is mostly played in India and Pakistan.

Kho Kho is a sport played by teams of twelve players each and out of them nine enter the field, who try avoiding being touched by the opposite team. Apart from the Indian subcontinent, it is also played in South Africa.

These traditional games were not just mere means of passing time, they were designed in such a way that would help one to develop skills like- logical thinking, building strategy, concentration and aiming.

Heritage and Games have always been linked together. All games spring from the culture and the basic heritage of a place.

**FATIMA KULSUM ANSARI, VIII**

## DISCIPLINE IN SPORTS

'A man without decision of character can never be said to belong to himself.....He belongs to whatever can make captive of him'.

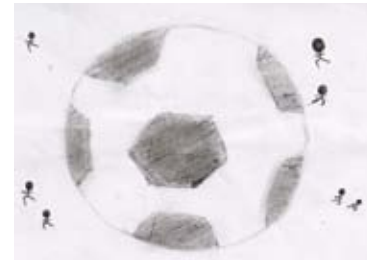
This slogan tells us that a man is seen by his/her character which is related to discipline. If a person is disciplined, his character is seen as a good one. It is very important for a sportsman to be very disciplined.

Discipline and good conduct in sports are important ingredients that are crucial in shaping individual sports puts on oddities. It is said that the teams which are disciplined have the opportunity to positively influence player's behaviour in all other areas of their lives. If a sportsman is not disciplined, there will be no unity in a team whether it is a football, cricket or any other sport. Disunity, may lead to disorganization and conflicts in the team due to which there will be high chances to lose.

As everyone knows "the first and best victory is to conquer self". If you are disciplined and have a positive attitude then you can reach to great heights. Johny Lewis once said, "Be 100% disciplined and you have a good chance of success. Without it, you will never reach great heights." Collins Dhuwa, a CAPS United football player believes that talent will count less if discipline is missing in the aspiring athletes.

In sports, athletes need to be disciplined in the technical, tactical, mental and physical as well as lifestyle areas of development. Sports victory is having discipline within you. Thus, the most crucial factor to be successful in any endeavour, especially sports, is 'DISCIPLINE'. "Respect your efforts as it leads to self- discipline. When you have both firmly under your belt, that's real power.

**ISHITA AGARWAL, IX**



## AUTOBIOGRAPHY OF A FOOTBALL

**H**ey guys! You kick me with your legs and play happily. Guess who am I? I am your sturdy football. You throw me, dribble me, push me here and there, but still I play with you. Earlier, everyone liked to play cricket, but now everyone loves to play with me. I am quite famous these days.

I am now in a completely shattered condition. Though I am useless now, I once led an active and exciting life. So I shall tell you my tale if you have the patience to listen to it. I looked smart and strong as I lay with other balls in a sports showroom.

One morning Cristiano Ronaldo came to my master's showroom with his son Cristianinho to buy a football for his son. As soon as he noticed me, he fell in love with me at the first sight. He lost no time in buying me.

The next day I was taken to the play field with Cristianinho and his friends Percy, Jack, Justin and Harry. All his friends liked my texture and the blue colour. That day stands out in my memory because on that day I appeared on the small open field in a great match between kids. The game started, Austin began to kick me towards Harry and then he passed me to Jack and then Jack passed me to Cristianinho and he kicked me very hard towards the goal post and the goal keeper couldn't stop me and finally it was a goal! Ronaldo was excited and proud. He cheered and danced with joy as his son did this for the first time. According to Cristianinho I was his lucky ball. He hugged me and kissed me. I am so happy that the son of the great football player Cristiana Ronaldo bought me, played with me and said that I was his lucky ball.

Months went by, continuous kicking began to tell upon my beauty, became unfit for work. I began to show signs of wear and tear...Then I was discarded and given to Cristianinho's watchman. Cristianinho did not want to give me but he was forced by his father to give. I miss Cristianinho a lot. I was sad and subdued. Now the watchman's son plays with me. He hits me and kicks me.

Oh, What a fall I had! But such is life, one rises only to fall.

**TUBA AFIA, IX**





## MARTIAL ARTS

**M**y favourite martial art is Karate. Karate is not just about kicks, punches and combinations; it is a sport of concentration. It teaches us how to defend ourselves. Karate is a sport of life skills and a game of challenges. Defending is the main aim of Karate. It is the spirit of life. We have a good Karate Coach at school.

**VINOD P, IX**

## A CHAT BETWEEN A BOY AND A VIDEO GAME

**T**his is a conversation between an enthusiastic boy and a video game. Everybody likes to play video games but forgets about the benefits of playing outdoors. But in ancient times people used to play outside. This conversation is about a boy who likes to play with his friends.

**VIDEO GAME** – Hey boy, come and play with me.

**BOY** – No. I have got to play with my friends.

**VIDEO GAME** - Why don't you call your friends inside and play with me?

**BOY** - No but we had played yesterday.

**VIDEO GAME** - why don't you play today also?

**BOY** - But playing video games always is not fun.

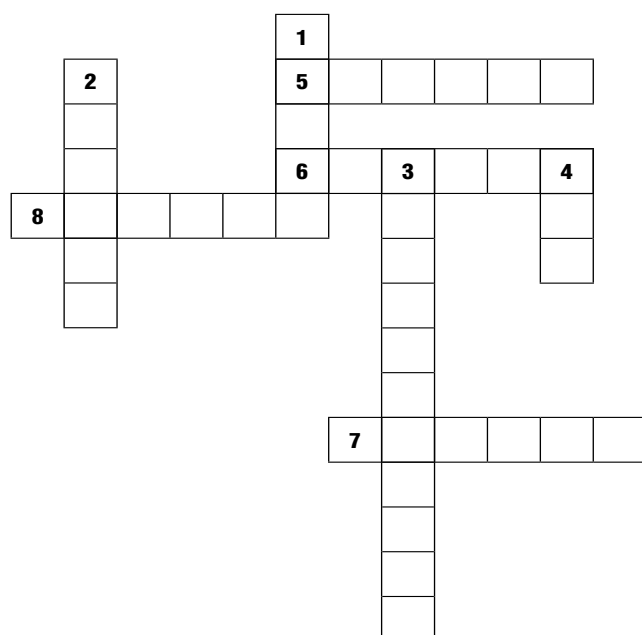
**VIDEO GAME** – What ??? Is it not fun? Every child likes to play video games. So why don't you?

**BOY** – No, I do not like to play video games because playing outdoors and running makes us fit and healthy but you make us obese and feel unhealthy. So now I am going outside to play.

Boy ( talking to himself . . . ) It may be fun to play video games but to remain fit and healthy, it is always better to play outdoor and indoor activities like Basket Ball, Table Tennis, Chess, Zumba and I have heard that DSE Banjara Hills has all these activities. I shall join the school next year for developing my overall personality.

**SANIA YASMIN, VI**

## JUST 4 U



### Down

- 1) Your Basketball Queen
- 2) A red fruit used in a Spanish festival
- 3) Red Sea is on the west side of this country
- 4) Theme of the Mass Drill

### Across

- 5) Which Greek city was the great rival of Sparta?
- 6) Your Junior House Prefect
- 7) The city of Sparta is in which country?
- 8) The fastest female athlete of your house.



## TOGETHER WE CARED AND SHARED







Trojans are **SOARING HIGH**  
Like eagles in the sky  
They are smart and active  
They also are strategically tactic





## HOUSE NOTES

**“It’s not the will to win that matters—everyone has that. It’s the will to prepare to win that matters.”**

**- Paul “Bear” Bryant**

**C**ontinuing our winning streak, Trojan House yet again came out with flying colours this year. Throughout the year the attitude with which we worked and prepared for each game was with our House motto in mind “Soaring High”  
The House managed to do tremendously well in all sport events and bowled ourselves to victory to achieve the ‘Overall Trophy in Sports’.

In a nutshell, the performance of the House was simply incredible. We didn’t lose our nerve but proved to be the ‘quintessence’ of patience and courage.

**HOUSE MENTOR : MS P. SIREESHA**

**CAPTAIN : MD.KASHIF HUSSAIN – GRADE X**

**JUNIOR CAPTAIN : MD. ZUHAIR – GRADE V**

## YOGA- A WAY TO FREEDOM

**“Yoga is a light, which once lit, will never dim. The better your practice, the brighter the flame”**

**- B.K.S. Iyengar**

**Y**oga is most important for everyone’s life as it helps in balancing the relationship between body and mind. It is type of exercise which helps in learning physical and mental discipline through regular practice. It was originated in India long years ago in ancient time.

Now a days, it is very necessary to practice yoga again to make lives of people better. Daily yoga practice provides inner and outer body strength. It helps in strengthening the body immunity system thus prevents and cures different disease. It acts as an alternate system of medicine if practiced continuously. It also reduces the side effects of many heavy medicines taken on daily basis.

Yoga is beneficial to children of all ages, but it has been found to be particularly so for kids with special needs. Parents may notice how yoga benefits their kids, but the best judges are the kids themselves. Children who have practiced yoga tell teachers and parents that they are able to concentrate better during the day, focus better on their activities, and pay attention to their tasks -- all the finest endorsements.

Remember, yoga is a continuous process. So keep practicing! The deeper you move into your yoga practice, the more profound are its benefits.



**Deepika, Dept. of Math**



### SPORTS AT DSE

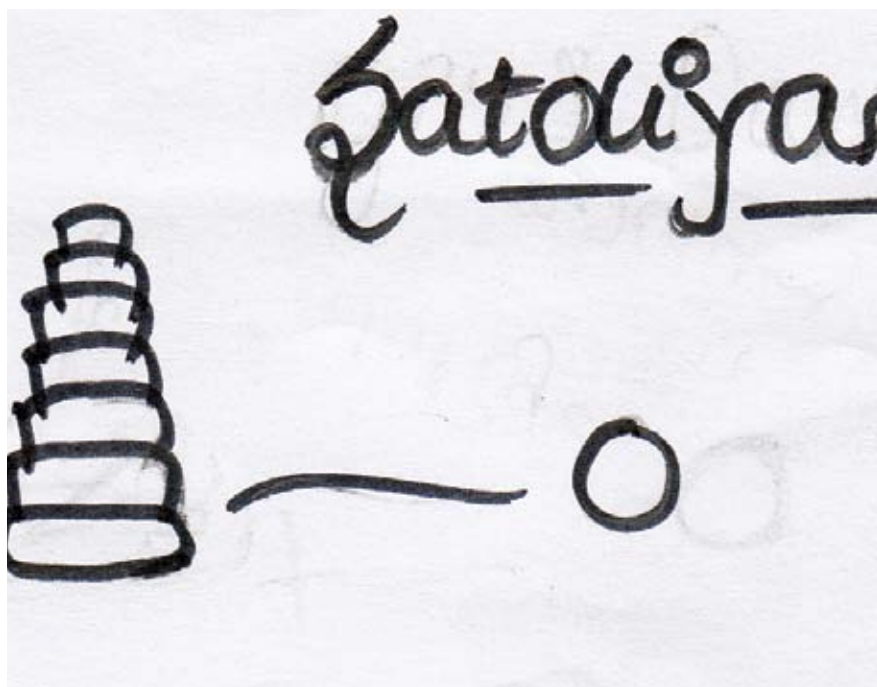
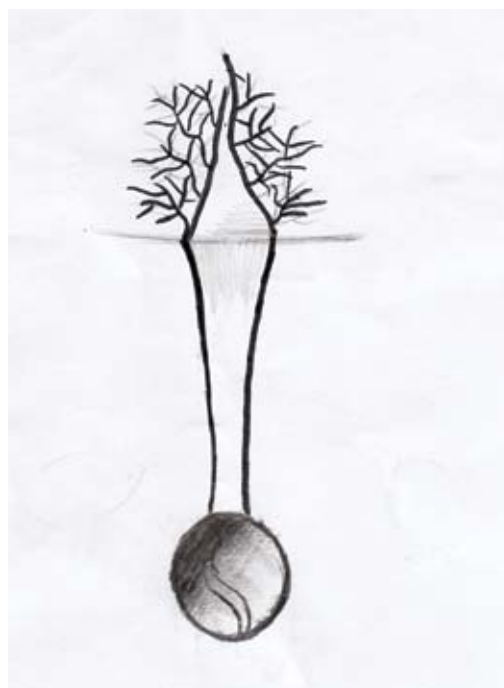
Sports at DSE is fun  
Everyone loves at least one  
Sports is cool  
Just like the swimming pool  
Why don't you try chess?  
It's quite a tricky test  
Sports at DSE is fun  
Why don't you try one?

**J SANVI, III**

### WHAT IS LIFE WITHOUT SPORTS...

Sports inspire us  
Let's play without a fuss  
Losing or winning  
could be bitter or sweet.  
We play it because  
we love the game.  
Life without sports  
will be a shame.

**NIKHIL VANAPALA, V**



### SATOLIYA

**S**atoliya or what is presently known as 'Seven Stones' originated in India in the state of Rajasthan. This game requires a set of seven stones in decreasing order and a ball. It is played in a large outdoor area in two teams, the seekers and

the attackers. To decide who shall take the attacking role first, a coin is tossed. The seeker's team take their positions for the fielding purpose. The position of seekers team will be one player as wicket keeper who will be standing behind the stones and others around the stones randomly. All the players belonging to the attacking team will be taking

their position behind the crease line in an appropriate distance away from the pile of stones. First, the attacker's team throws a ball at the pile of stones and knocks it over. The attacker has to knock the pile in three turns or he/she is out. In any of the three tries, if the attacker's ball does not knock down the pile and is caught by the seeker after the first bounce then the attacker is out.

The seeker's team tries to replace the stones. Meanwhile the attacker's team tries to throw the ball at the seekers and in case the ball hits the seeker, he or she is out and the team has to continue playing without them. A seeker can however safeguard himself by touching a member of the attackers team before getting hit by the ball. A boundary is marked, if the seeker crosses it while trying to escape from the attacker, then he/she is out. The game is known by different names in different regions. Lingocha in Hyderabad, Lingorchya in Maharashtra, Pitthu in Haryana, Dabba Kali in Kerala, Ezhu Kallu in Tamil Nadu to name a few.

**PARUL CHINTAPALLY, IX**



## SPORTS AND VALUES

Sports are fun, they're challenging, but do they teach us anything? Let's dig deep and find out.

### Chess

It makes us think, it is challenging and it is an indoor game. Anyone can try it out. But what does it teach us? Where's the value? You'll find it in the "pawn promotion". When the pawn crosses the entire board, which is really hard, it can be promoted to a bishop, rook, knight or queen. This teaches us that if we work hard nothing is impossible.

### Basketball

There's an act called "travelling" when it comes to Basketball. It is counted as a foul move since you're supposed to be dribbling instead of just walking with the ball in your hand. It's hard to keep dribbling all the time, but you have to because when it comes to choosing between what's right and what's easy; you should definitely go with the former.

### Football

It's a game of the people. It might seem easy but hitting a goal is really

hard. You've to get past all those players and then hit it exactly at the right moment. Similarly, in life, there might be a lot of obstacles but with the right attitude and focus, everything will become possible.

### Tennis

The ball can be a real inspiration. No matter how many times you hit it towards the ground, it effortlessly bounces back right at you. Similarly, we must learn to overcome our failures and move on.

### Kabbaddi

While an opponent is raiding, you will not only have to look out for yourself but also for your team mates. This teaches us to care for our near and dear ones.

These were just a few examples. Focus, understand, see past the obvious, and you'll learn the right things. You'll become a better person.

**SYED FAISAL FAHEEM, VII**

## BLACK AND WHITE – INVOLVED IN A FIGHT

**H**ave you ever thought why Black and White are regarded opposites?" - Even in reality and sports. Like in the sports – chess, caroms and many more, they are always against each other competing. Both Black and White were regarded as contraries from the beginning. They cannot stand each other and that is why they were enemies since then. I know I am personifying them, but I am pretty sure that it would have been the same opinion if they were humans.

If we take a look at reality, this discrimination still exists. The World has divided itself into two colours – White and Black. For years, the Black were



discriminated by the White in sports. The Black athletes were not judged by their abilities but by the colour of their skin. It might seem silly that they were

judged by the colour of their skin. But, people are realizing the gravity of the situation because of 'Education'.

**P. ANVITA REDDY, VIII**



## SPORTS- ENJOYED BY ALL

Games are important for everyone,  
And they are mostly played under the sun.

Sports is playing with friends,  
The fun and laughter never ends.

In some we shoot baskets,  
In others, we hit with racquets.

Sport is enjoyed by all,  
We can always get up if we fall.

**MEHREEN FATIMA, VIII**



### GILLI DANDA

Gilli Danda is very similar to cricket or baseball.

#### WHAT IS REQUIRED TO PLAY THIS GAME ?

This game is played using Gilli and Danda. Gilli is a 3-6 inches long stick, 1 inch diameter at the center and tapered at both ends. Danda is 2-3 feet long stick, 1 inch in diameter.

There is no restriction on the number of players or teams. Any number of players or teams can play this game.

#### HOW IS THIS GAME PLAYED ?

1. The player or team which wins the toss can select batting or fielding, but not both.
2. Make a circle with a smaller circle in the center where the batsman will bat.



3. The first player of the batting team will use the danda to bat, while the fielding team is spread on the ground to field.
4. The batsman hits the gilli at one of the tapered ends with his danda, and quickly strikes it. The gilli becomes airborne if it is struck.
5. If the batsman strikes the gilli, which no fielder is able to catch, then the danda is used to measure the distance from the center circle to the point where the gilli fell. Each danda length adds one point to the batting team. Repeat step 5.
6. If the batsman is unable to strike the gilli in 3 continuous chances, the batsman is out. This is similar to a strikeout in Baseball. Go to step 8.
7. If the batsman strikes the gilli

and a fielder catches it before it touches the ground, the batsman is out. Go to step 8.

8. The next player of his team comes to bat.
9. Repeat the above steps until all players of the batting team are out. Calculate their total points.
10. Now let the teams switch positions and play in the same manner. The teams with the total points win the match.

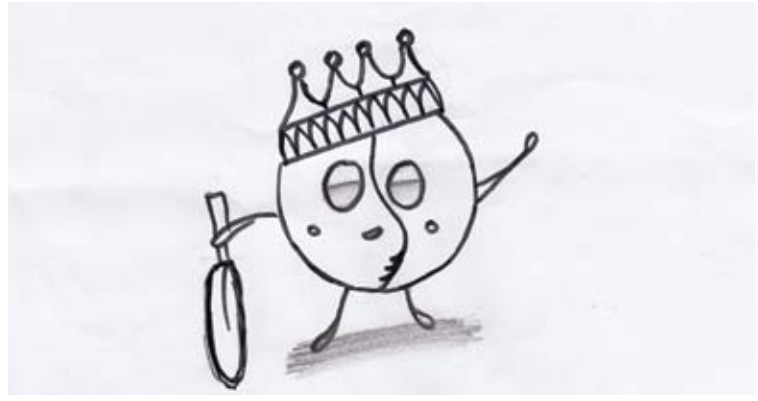
Gilli Danda is an ancient sport of India and its origin dates back to Maurya Dynasty. It is the poor man's way of playing cricket in India. It doesn't take a lot of money to make Gilli and Danda. They can be made with low cost wood. This game can be played in small open spaces. It doesn't require any special skills. This certainly makes a good way for everyone to be involved in sports and have good exercise as it involves lot of walking and running. Gilli Danda may look like a poor man's game but popular games such as cricket and baseball are believed to have originated from this game.

**MANASVI LINGAMPALLY, VII**

## THE KING OF GAMES

**C**ricket is an outdoor game played with a bat and ball. It is also called 'The King of Games' or the "Game of Kings". The most famous countries in the world that play cricket are England, New Zealand, India, Australia, South Africa and many more. This eye-catching game was first played in England by a shepherd while grazing cattle. I love batting than bowling as it improves my concentration and develops my batting skills.

**SESHA SAI, III**



## MY LOVE FOR WHEELS

**I** started skating at the age of 4. Since then, I have been continuously practicing in stadiums. I have also taken part in many competitions at the District and State Level held all over the city. In 2015, I represented our school at the National Level Skating Competition held at DRS International School. I managed to secure the first and second positions many times and have a large collection of medals and trophies. Not only this but I have also won a gold medal in the Inter-House competitions held in our school. I am very keen in continuing this sport and will hopefully manage to achieve much more in the future.

**TRINITY, III**

## THE IMPACT OF MEDIA ON SPORTS

**T**he growing social media impacts today's sports culture. Many of us would agree that people would go to a sporting event rather than watching it on the television. But on the other hand some prefer to stay in comfort of their own home. When we watch sports on television the images we see and messages we hear are designed to enhance contents.

Efforts are being made to commercialize sports as much as possible, and this is leading to a great influence of money which is all possible due to the increasing role of media and how these sports events earn money through advertisements.

Sportsmen themselves are being affected as their personal life is now



being made a public issue. Was Anushka Sharma to blame when Virat Kohli couldn't score?! If it wasn't for the involvement of media in sports, maybe athletes could have kept their personal lives at bay from the public.

To be a perfect sportsman, one now even needs to bag advertisement deals and sponsorships to make

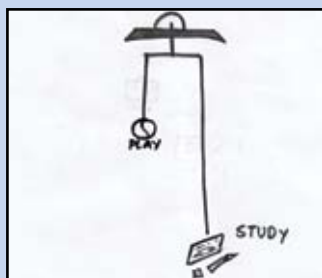
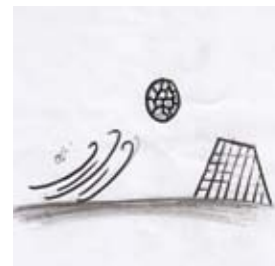
him one of the best sportsmen on the field. Gone are the days when sportsmen could only focus on their game rather than ensure that he stays out of controversies. Hence, I think the growing influence of media in sports is doing more bad than good.

**TABASSUM ALI BAIG, VII**

## MY FAVOURITE SPORT

**M**y favourite sport is football. It is played worldwide and is the most popular sport in the world. It is interesting because it is not all about kicking; it is about tactics, skills and body language. We use tactics to move the ball and use skills and body language to confuse and make our way past the opposition. This game can be played anywhere and at anytime. I play in school with my friends.

**SYED FUAD, VIII**



## SPORTS – TAKING A BACKSEAT...

**T**hese days many children are not allowed to play as their parents think that the child's focus on academics may be diverted because of it.

But I feel there are no disadvantages of playing games. Games certainly refresh our mind. I suggest we play for at least one to two hours every day. Games like chess and caroms help us become sharp thinkers.

**GUNATHEETH REDDY, VIII**

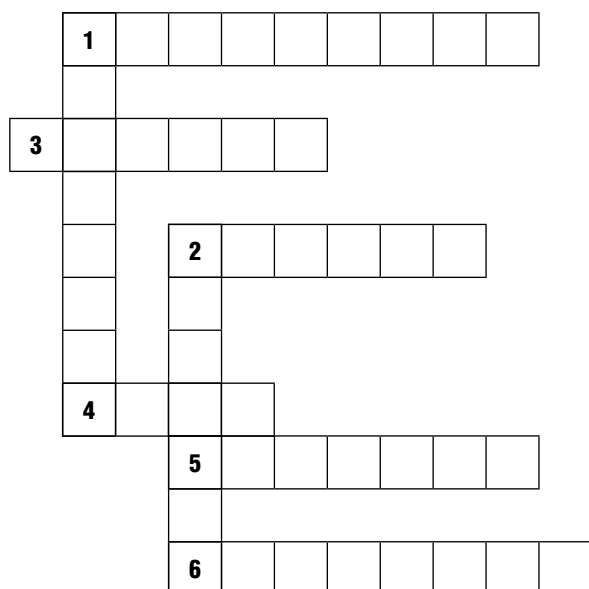
## P.T.USHA- QUEEN OF INDIAN TRACKS

**I** appreciate P.T.Usha who was one of India's best known female athletes. She remained the queen of the track for nearly 2 decades. She is also known as the 'Payyoli Express' because of her awesome speed on the track. I think her dedication and determination is a great source of inspiration. She has never looked back while on the track and I aspire to do the same. She never failed to achieve her goals; I plan on working hard and doing the same.

**VARSHA VANAPALA, IX**



## JUST 4 U



### Down

- 1) The actor who played Achilles in the movie 'Troy'.
- 2) The blood of this animal is blue in colour.

### Across

- 1) The phrase used to show support to the Indian Cricket team during the World Cup.
- 2) The fastest male athlete from this house.
- 3) The House Captain of 2014-15.
- 4) The Trojan War was fought against this City.
- 5) What were the students dressed as during the Mass Drill on Sports Day?
- 6) The House Mentor





## TOGETHER WE ACCOMPLISHED



## THE LEADERS BELIEVE IN...

Acting as one.  
 Believing in each other.  
 Committing to excellence.  
 Doing whatever it takes.  
 Embracing a common vision.  
 Fostering group intelligence.  
 Giving the benefit of the doubt.  
 Harnessing the power of many.  
 Inspiring cooperation, not competition.  
 Juggling skills and talents.  
 Kindling collaborative genius.  
 Looking out for each other.  
 More 'we' and less 'me' thinking.  
 Not minding who gets the credit.  
 Overcoming obstacles together.  
 Putting principles before personalities.  
 Quickly resolving differences.  
 Recognizing each other's strengths.  
 Sharing the workload.  
 Treating each other with respect.  
 Utilizing everyone's skills.  
 Valuing everybody's input.  
 Working side by side.  
 Expecting exponential results.  
 Yearning to succeed together.  
 Zestfully wanting to make a difference.







## PARENT ORIENTATION PROGRAMME

**A** new year marks a new beginning. A Parent Orientation Programme was held on 13<sup>th</sup> June, 2015. The parents of all new entrants were welcomed by the school choir. This was followed by a mime which showcased the essential agreements between the institution and the parents.

The parents were provided with an insight into the classroom proceedings, where, the Science teacher, Ms. Anasuya gave a demo of the Science class and the Social Science teacher, Ms. Debarathi held a Geography class. Then came the Pre-Primary teacher, Ms. Radhika, who enthralled the parents with her novel way of introducing farm animals.

The Principal, Ms. Suparna Mehrotra gave them an insight into what makes DSE Banjara Hills - a delightful

place of learning. She emphasized the coming together of parents and teachers on one platform to see a better future for the children. She enlightened the parents about the CCE pattern of evaluation. She spoke about the various scholastic and co-scholastic areas based upon which the students are assessed throughout the year. She also highlighted the various activities and programmes conducted by the school. The Headmistress, Ms. Kalyani Chaudhury emphasized on the evaluation pattern for students of Nursery to Grade IV. The IT Coordinator, Ms. Padmavathi made the parents aware of the School Website and App and also how to use them in order to monitor their child's progress at school. The parents left the premises with the assurance that their child is at the right place and in safe hands under the able guidance of the teachers who are being well equipped and supported by the Management of DSE.



Ms. Anasuya giving a demo



Ms. Debarathi holding a Geography class



Ms. Radhika introducing farm animals.



IT Coordinator briefing about the School Website and App



The Headmistress explaining about evaluation pattern



## LEADING FROM FRONT

The Investiture Ceremony of the DSE school,  
Everyone is nostalgic and cool,  
Celebrating it is a mandatory rule,  
Everywhere joy and celebration,  
Celebrating this day is the DeeSian's tradition,  
It is always fun to be a part of this jubilation.

The meaning of this day, is as deep as a dream,  
The investiture ceremony, in our memories will gleam,  
March, the four contingents, in melody and glee,  
Together, they all establish a powerful "WE",  
This day holds, a plethora of importance,  
Also representing, DSE's magnificence .

The third Investiture Ceremony was celebrated on 26<sup>th</sup> June, 2015 in the school premises. The Chief Guest of the day was Mr. K. Vijaya Rama Rao, IPS (Retd), Former Director CBI, Former Minister, Govt of AP. With the vigorous beats of the drums, the new council marched in style up the aisle and onto the stage. They stood upright with their heads held high as each received their precious badges. Mr. Madhusudan Rao, Chairman of the school, along with the Chief Guest and Ms. Ramadevi, the Secretary inducted the newly elected members of the Student Council with flags and badges.

Sashes and badges were also given to the four House Captains and Junior Captains. The Principal Ms. Suparna Mehrotra administered the oath to the senior student council. The Head Mistress of the school, Ms. Kalyani Chaudhuri administered the oath to the Junior Student Council.



## WORLD ENVIRONMENT DAY

What makes our planet so green?  
We have to keep it clean  
It is our responsibility  
We still have an opportunity  
We have to treat it like a mate  
Before it is too late  
We have to pick up all the litter  
Or else the world will begin to look bitter  
We can't let the beauty fade away  
It's called the green planet  
It should not look grey  
The breathtaking views should stay  
To spread awareness we have World Environment Day

On June 5, World Environment Day was celebrated in school by making the children cognizant about the deplorable condition of environment through a small video followed by a brief lecture on 'Environment' by the HOD, Science, Ms. Anusuya.

## BASTILLE DAY

The National colours of France are Blue Red and White  
To gain independence, the French had to put up a huge fight  
They used all their might  
And knew what they were doing was right.

There is a day devoted for their independence.  
Bastille Day is when they became self-dependent.  
There's always a burst of patriotism among them all.  
They managed to wake up after a big fall.

In order to create an awareness about the French Culture and its place in history, the School celebrated the 'Bastille Day' of France on July 14<sup>th</sup>, 2015 in their school premises.



## A TRIBUTE TO TEACHERS

They might scold us  
That's just to mould us  
They may shout  
But that's just to help us out  
We can't forget to thank them for  
what they do  
As their words are helpful, honest  
and true  
They council, teach, love and care  
To make us become more aware  
They help us to understand  
And are always there to lend a  
hand  
That's why there is a day devoted  
to them  
They need to be reminded that  
they're all like gems

Teacher's day was celebrated on  
4<sup>th</sup> September, 2015 in the school  
premises

## OUR PRIDE, OUR MOTHERLAND

With the advent of the month of August, the nation is filled with zeal and enthusiasm to express the feeling of unity and patriotism, as billions participate to mark the occasion of our independence. To express the same, the school premises, was abuzz with a joyous spirit as we had an entire week of celebrations to express the mood.

### INDEPENDENCE DAY- A DAY TO REMEMBER

15<sup>th</sup> August is the day we got independence,  
Indicates that we are sovereign and free from  
external dependence,  
To express our gladness we celebrate this  
ceremony,  
Filled with patriotism and harmony,  
For this day to come many had to sacrifice,  
This is the day where we happily rejoice,  
On this day our Prime Minister gives a speech,  
Importance of freedom to us he will preach.

### THE WORLD OF PEACE

Imagine the world of peace,  
Where everyone will live in comfort and ease.  
Peace is sweet as honey and soft as cheese,  
Where everyone can express their views as  
much as they please.  
No one would have to fight,  
As peace provides safety which is everyone's  
right.  
People would have to live gladly,  
No more misunderstandings and everything  
portrayed clearly.

### PEACE!

Peace is precious and must be found  
everywhere,  
We must maintain it if we care.  
No one should have the fear,  
For peace everyone should cheer.  
We wouldn't have to run,  
When we are all united as one.  
Peace should be free of any cost,  
Let's bring back the happiness we almost lost.

### VR 1

As the flag begins to rise,  
We can all proudly say,  
It is INDEPENDENCE DAY.  
INDIA is the best,  
Better than all the rest,  
In any game or any race,  
We are bound to bag first place.  
Cricket is the game we excel in,  
We always win,  
Against other countries like England.  
Our technology is developing each  
day,  
We will be the best anyway.  
Our heritage brings us all together,  
Everyone appreciates our culture,  
We all cheer very loud,  
As Indians, we are extremely proud.





## CELEBRATIONS GALORE

The celebrations culminated on Saturday, 15<sup>th</sup> August, 2015. The morning started with flag hoisting by the Principal and Headmistress along with the Head boy and Head girl of the institution. A beautiful and vibrant programme on popular slogans was presented by the students of Grade V. There was a quiz for all the students on freedom struggle of India. Peeran Quadri and Rabeea Mirza of Grade VIII recited their own poems on freedom and peace. Thereafter, the Heritage Newsletter, 'Aranyani' was released by the Principal and the teachers and students of Heritage Club. Last but not the least there was the much awaited finals of the Inter House Basketball match. Trojans beat the Spartans in the senior clash while the Knights led the team to victory in the junior category. Friday, 14<sup>th</sup> August, 2015, saw a delightful depiction

of the significance of the three colours of our National Flag saffron, white and green. The colour saffron was depicted through a skit on bravery presented by students of grades V and VI. The Peace March, to depict the colour white had famous personalities who have stood for it over the ages like, Gautam Buddha, Guru Nanak, Ashoka, Akbar and none other than the Father of our Nation, Mahatma Gandhi. The colour green that signifies prosperity was well represented through the medium of dance in the form of garba and dandiya.

The decor of the campus in colours of the flag further added to the festive mood. Creatively done soft boards had sufficient information for students across the board. The underlying message of unity, love and prosperity was well illustrated during these five days.

Dr & Mrs Hidayath Hussain gave us a priceless gift to mark the occasion in the form of a framed newspaper that was printed on 15<sup>th</sup> August 1947.





## GANDHI JAYANTI

The Father of our Nation taught us many things that are wise,  
His values and policies we try to emphasize.

He taught us about peace and non violence,  
But also to raise our voice and not to maintain silence.

He helped us fight to become independent,  
And told us it is best to be self dependent.

He is our biggest inspiration,  
And is known everywhere not only in our nation.

Gandhi Jayanthi was celebrated in the school premises to celebrate the birthday of the Father of the Nation, Mohandas Karamchand Gandhi.



## UNITY- EKTA DIVAS

Unbreakable and incorruptible is a force  
known as 'Unity',

It is an amazing and a divine entity,

Of success it quenches the thirst,  
Unity is unique and a key factor to be  
first,

It always endeavours to promote trust,

Unity is the description of fraternity,  
It always brings victory towards  
continuity,

For it is an entity so mighty.

The School takes great pride in celebrating the birth anniversary of the Iron Man of India, Sardar Valla Bhai Patel, the first Home Minister of the country. The solemn oath of unity was taken in the morning assembly by students and teachers. The afternoon witnessed a host of Inter House Competitions that sent the message of unity in all its myriad forms and brought colour and joy on campus.





## VIGILANCE AWARENESS

Vigilance is the word that means 'precaution',  
It teaches you to save your wealth from exhaustion,  
It puts you in profound endorsement,  
If you want to preserve your every adornment,  
It teaches you to be sharp and keen,  
So that no one can ever cheat you clean,  
So let's be more sharp and vigilant,  
So that in the long run you may be labelled intelligent.

Vigilance week was celebrated from 26<sup>th</sup> October, 2015 to 31<sup>st</sup> October, 2015. An Essay Writing Competition was conducted for students of grade IX and X to celebrate Vigilance Awareness Week in collaboration with SIDBI (Small Industries Development Bank of India).

Mr. Sampath Kumar, General Manager and Mr. Venugopal, Dy General Manager graced the occasion and gave away trophies and cash prizes to students. C Parul of Grade IX won the first place and a cash award of two thousand rupees, Anushkha Jain of Grade VIII won the second place with a cash award of rupees 1500 and Megha Vuppala was placed the third with a cash award of rupees 1000. Abdul Rahman Jilani of Grade IX and Md Faariz Baig of Grade X received consolation prizes and cash awards of rupees 500.

Mr. Srinivas, an esteemed parent of DSE and a

SIDBI employee, coordinated with us to organize the competition.

Mr. Sampath Kumar emphasized on preventive Vigilance for good governance in his speech and urged Deesians to uproot corruption from the country by remaining alert and aware. Mr. Venugopal spoke about the various activities conducted by SIDBI during vigilance week. He was also on the panel of judges for the competition.

Principal Ms. Suparna Mehrotra, thanked the guests and appreciated their endeavor in creating awareness among students.



## CHILDREN'S DAY

14<sup>th</sup> November is Children's Day,  
With fervour and joy makes children sway,  
Children consider this day as treat,  
On this day any child would give a humble greet,  
This day is the endowment of magic,  
For this day is vividly fantastic,  
This day is forged through the fumes of joy,  
For children this day is as amusing as a toy,  
For it's the birthday of Jawaharlal Nehru,  
who was a divine entity in every child's view.





## RAFTAAR 2015

**“FINDING GOOD PLAYERS IS EASY, GETTING THEM TO PLAY AS A TEAM IS ANOTHER STORY.”**

It was a day that witnessed colour and gaiety ; challenge and grit ; determination and victory. This is how, 19<sup>th</sup> December 2016, will go down in the history of Delhi School of Excellence, Banjara Hills, as it celebrated its maiden Sports Day, at the Astro Turf Hockey Ground, Begumpet.



The meet kickstarted with the Chief Guest, Shri A. Dinakar Babu, IAS, taking the salute and declaring the event open. The Chairman, Shri. Madhusudan Rao unfurled the Sports Flag amidst the rhythm of the school song. The Vice Chairperson, Ms. Shilpa Ravi and the Secretary, Ms Rama Devi unveiled the Mascot—, Raftaar, a beautiful and fiery Black Horse, designed by Niharika of Grade IV and the Principal, Ms. Suparna Mehrotra administered the oath that evoked enthusiasm and energy.



The flags fluttered in the wind, the budding lot of DeeSians marched with all their exuberance as the mighty blue sky looked down upon them whilst the sun dazzled in a corner. The much awaited sports day, Raftaar-2015 had finally arrived and with itself it brought renewed hope and energy.



Torch relay by our sports stars who represented their alma mater at the CBSE South Zone Cluster Meet for Skating and Table Tennis displayed team spirit and sharpened the sense of fair play.



After the formal proceedings, the very flexible yoga girls walked in and swept everyone off their feet with extremely gracious moves.





Then it was time for the Pre-Primary students to shine, followed by zumba stars from Grades III and IV.



The evening also saw the senior students present amazing and colourful drill displays. **The Four Houses** competed for the coveted trophy for the best drill display. Spartans presented a vigorous drill as **sun warriors** representing the robustness of the fiery sun. The Samurais depicted the **softness of nature** and the importance of its conservation. The Knights depicted on the theme '**Save Tigers**' and the Trojans presented on the importance of the '**Peacock**'.



The Head Girl and the Sports Captain reflected upon the year 2015 and what it brought for DSE.



The young Karate kids demonstrated their determination and strength. The display was absolutely breath-taking with the breaking of fire-lit tiles and pot.







Our half-yearly Science newsletter 'Sanjeevani' was released by the Chief Guest. Races charged the atmosphere at allotted intervals.

Grades I and II mesmerized guests with their Cowboy Drill performance with perfect moves.



The much awaited senior relays and solo races took place thereafter, while all the house contingents cheered. The parents' race was extremely fun to watch as well.



Finally, the last round of medal ceremony took place and winners for the best House in March past and drill were announced as all waited with bated breath for the overall sports champions to be declared. Trojan House (the blue house) was honoured with the trophy for the Sports Champions for the year 2015-16.



The closing ceremony was performed, with the sun, nearing the horizons. Raftaar has enthused the spirit for competing with fairness among DeeSians within and outside school. The event will be cherished by both students and parents alike until the DSE sports flag flies again on the sports field. Hail to thee... blithe spirit...till we meet again!

## CURIOSITY'16



**D**eeSians presented a spectacular show, **CURIOSITY'16**, an exhibition that saw the integration of Science, Technology, Engineering and Mathematics, on 25 January, 2016, to inculcate a scientific temper and a creative instinct in students.

The exhibition was inaugurated by Ms. Shilpa Ravi, the Vice Chairperson in the presence of Ms. Rama Devi, Secretary, Ms. Shashikala, Academic Director, and the eager parents.

'The History of it all.....' depicted the **Timeline of Mathematicians** right from ancient to the present times. In the wide spectrum of topics the students chose to speak about the origin of dentistry, atom and also a bicycle to their present stage of development. The room décor spoke volumes about the effort put in by students.

Next came the '**Amazing Men and Amazing Ideas**', where the world famous Mathematicians and Scientists came to life with students donning their roles.

'**Closer to Nature**' had loads in store to see and assimilate. Even in the present times one cannot undermine the importance of Homeopathy, Naturopathy, Unani and Ayurvedic medicines. Students of Grade V gave an insight into the ancient and natural methods of treatments still popular.

The enclosure which housed '**Creativity at its Best and Origami Orchard**' was houseful with curious parents and students trying their hands at origami and admiring the various attractive dolls made out of coconut shells. Students had come up with brilliant artifacts made of e-waste as well.

There was a vibrant display of '**Vital Vitamins**' wherein the significance of vitamin A, B, C, D, E and K was brought out by students of grade II and III in their colourful attire. They conveyed their message of consuming vitamins through a musical that enthralled the audience.

Students from grades V to X presented '**Modular Models**' on

viruses, nuclear energy, carbon and its compounds, solar energy, hydraulic energy and also depicted the working of heart, lungs and kidneys. These models and activities were highly appreciated by the visitors and the confidence with which the students spoke.

'**Swinging Shapes**' was interesting too where the students presented 3D shapes and spoke about their properties, the faces, vertices and edges of 3D regular shapes. What a wonderful way to introduce the world of shapes to the students. They enthralled the audience with a foot tapping song on shapes as well.

It was interesting to watch movies on some simple and everyday life activities. These were shown in a room aptly called, '**Thru the Lens**', where topics like Early history of Math, Invention of Zero, how plastic is recycled, benefits of olive oil were screened. These movies were in fact eye-openers.

The visitors had all words of praise for students who presented their research with great confidence in the room – '**Tell me How**', on subjects like, Loon – a research and development project being developed by Google X with the aim of providing Internet access to rural and remote areas; Honeybees – their disappearance and how there will be food crisis if they disappear, how humans may also disappear due to disruption in the food chain and the need to







protect them ; Stem cells – their use and storage ; Cardiology – latest equipments and stunting ; Magalev trains – a transport method that uses magnetic levitation to move vehicles without touching the ground.

There were those **'Magical Moments'** with puzzles, tangrams, magic squares and match stick puzzles. The visitors learnt  $3 \times 3$  and  $4 \times 4$  magic squares. Tangrams caught the fancy of many.

It was a herculean task that students of grade IX had been engaged in for more than two months and with the outcome they have been aptly called **'Lutyens of the Present'** as they presented a model of a whole township..It was the best way to bring geometry and trigonometry along with surface area into study.

The venue full of rhythm and melody **'Scientology & Math –**

**O – Music'** saw the visitors also humming the math song on quantities. Students presented mimes on Life cycle of a butterfly, Germination of a seed and a skit on Blood cells in our body.

The presentation of **'Vedic Math'**, an ancient system of Mathematics or to be precise, a unique technique of calculations based on simple rules and principles with which any mathematical problem – be it arithmetic, algebra, geometry or trigonometry- can be solved, also saw many keen parents wanting to learn.

All the **'Fitness Freaks'** made it to the third floor where students displayed of Yoga, Aerobics and Human pyramids. Students performed surya namaskar and many more asanas with the visitors also joining them. There was a demonstration of aerobics with music and the parents teaching

exercises using the different fitness equipments displayed. The human pyramids were awesome which showcased teamwork, concentration and fine balance.

**"Eureka!!"** – Lab activities is where the students displayed making of herbal products like lip balms, hand sanitizers, face packs and herbal soaps. A number of beauty tips were also given. Students of **'Let's follow Edison'** club showcased serial bulbs, chandeliers, torches and also demonstrated how to repair regulators, tubelights and other household electrical equipments.

Finally it was the **'Quiz Time'** where the visitors cracked questions on both Math and Science.

The exhibition was a huge success. Enthusiasm and effervescence overflowed amongst students, teachers and parents.







Clubs play a pivotal role,  
 In honing our knowledge in abundance,  
 They are the apex of knowledge of any school,  
 They always teach us to limit our petulance,  
 They teach us both moral and ethical values,  
 They brace us to counter upcoming issues,  
 Clubs prevail to show why curiosity is evident,  
 They pool in knowledge which is unknown to the sullen textbooks,  
 Whatever they advocate they insist us to implement,  
 So let's value the dedication and exuberance of these clubs,  
 By learning and enjoying their sessions.

## COLLABORATIVE LEARNING UNVEILS BOUNTIFUL STRENGTH

**U**nder the canopy of the school motto 'KNOWLEDGE IS POWER', the institution not only enables students to compete with others for a place in professional outlets, but also imbue them with social awareness, pride in their rich cultural heritage and a sense of responsibility towards the nation. For this, the school has set up a choice of clubs at various levels which paves the way to stay energetic, develop creativity, and gain new skills. Each club is organized by staff volunteers that advise students and lend a helping hand.



## Health and Wellness Club

### Eat Healthy Be Happy

**A**t DSE, students' well-being is an important component of their success. This club aims to teach the students how to maintain personal and community hygiene. It also focuses on the overall well being comprising emotional, social and mental health of the students. Through physical education, the importance of personal hygiene and cleanliness is inculcated in the minds of the students.



## Literary Club

### Makes Words Alive

**T**he Club aims to develop analytical and creative thinking. It helps ignite their imagination and endow them to be creative in the field of public speaking and writing. Students develop interest in reading, writing and enjoy taking part in declamations, elocution, debates and quizzes.



## Heritage Club

### Reliving the Glorious Past

**T**he main aim of this club is to inculcate a sense of appreciation towards the glorious heritage of not only the city of pearls- Hyderabad but also our country India. The club also makes the students aware of the historical value of monuments and buildings. It encourages the students to preserve, maintain and treasure the natural heritage sites and craft traditions of the country.



## World Heritage Day

**I**t has been rightly said that- It is not the honour that you take with you, but the heritage you leave behind. Keeping the spirit alive, DeeSians celebrated the World Heritage Day on 18<sup>th</sup> April with full zeal and enthusiasm by planning different events to raise awareness.

The programme started by welcoming the guest Mr. Ahteram Ali Khan, Board Member Salarjung Museum, Hyderabad which was followed by a programme depicting India's dying heritage Kathputli presented by DeeSians highlighting the Status of women in India.







## Chai Aur Chitrahaas

UNESCO decided to observe October 27th as the 'World Day for Audiovisual Heritage' to protect and safeguard the heritage of audiovisual media like film, television, radio, photographic prints etc. CBSE understands the Audiovisual Heritage is a very important part of our heritage and encourages everyone, everywhere to join in celebrating it by taking essential steps to conserve our precious collections so that present and future generations can enjoy the treasures

DSE takes the first step in the direction by welcoming parents to watch and appreciate the songs of yesteryears. On Monday the students showed a clip of Raja Harishchandra—the first movie directed by Dada Saheb Phalke. On Tuesday they enthralled the audience by doing a small skit based on the first Science fiction made in French. It showed the curious human race landing on the surface of our closest neighbor-MOON.

Class Assembly of Grade IV was the next step in enlightening the young students about the origin of the film making in India and abroad.

## A visit to Salar Jung Museum

Grade VI & X who are part of Heritage Club in the new Academic Session started their journey with a memorable and exciting trip to Salar Jung Museum in the month of April 2015. The tour started by knowing a brief history of the museum i.e. who its founder was, when and how it was set up. They were also enlightened that it is one of the biggest one-man collection of antiques in the world. The children were enthralled and mesmerised by the global collection of art objects and antiques not only of Indian origin but from countries in the Eastern and the Western hemispheres. The collection left the children spell bound but a few collections which bowled over them where the veiled Rebecca – an enchanting marble statue - the Jade crafted daggers of Emperor Jahnagir, Noorjehan and Shahjahan. Likewise the double figure wood sculpture which stands before a mirror showcasing the façade of non-chalant Mephistopheles and the image of a demure Margaretta in the mirror left everyone dumb founded. It was a delight to watch the children know the various sources of history and how close and accessible they are to them. All in all a memorable and informative visit greeted the children in the new academic session.



## Computer Club

### Replica of Human Brain

**S**tudents are taught animation and basics of programming using Alice Animation Software. Alice is an innovative programming environment to support the creation of 3D animations. This project provides tools and materials for teaching and learning computational thinking, problem solving, and computer programming across a spectrum of ages and grade level. The students enjoy making short stories at the same time learn the concepts of animation and Computer Programming Learning. Alice gives them the platform to explore their imagination and creativity.



## Computer games!!!

### Boon or Bane

#### Gam-o-pia

**B**oom! An explosion on the right-side just caught your eye. Suddenly, you are alone on a battlefield. Your heart rate has jumped and the only thing left between you and your death is.... a click on the mouse. This is what an everyday gamer experiences. The virtual adrenaline rush and the ephemeral excitement are the added benefits of being a gamer, but, there is one crucial thing that you are neglecting. You know you have a class test tomorrow, but the game is just starting to get interesting. You know that you have lots left to study, but the only question on your mind is, how did I get surrounded by the enemies?

If anyone of you even remotely experience the above symptoms, then I must say that you have successfully entered the danger zone. Now, this is no great science where there are several long-named zones. This is reality and the division is simple - Danger and Safe, but it is the fine line between these zones that is tricky to find. It is also on this line that you can find most of the hot-blooded community these days. Surprisingly, Newton's first law that



you learnt in school can be applied here as well. With every urge to play, you push yourself forward towards the danger zone. Finally, if it is on this line that you want to stop, then I'm sorry to say that inertia will not allow you to do that. This is where external help, parents, for example, plays a crucial role. They have this uncanny ability to recognise the moments when we actually are on the verge of something bad, and it is in this gift that you should put your faith in.

Gaming is not bad, mind it. There have been studies which indicate gaming can immensely develop your reflexes and also increase the amount of grey matter. The studies say that gaming improves the connections in the brain, leads to the development of sensory perception skills like hearing etc and strengthens the

muscle memory. These benefits equally apply to any of the other repetitive tasks like sports, music etc. But it is the addiction to gaming that is the rotten apple. The worst time is when one loses control over this and is unfortunate enough to see opportunities slip right by. This is what most people fear and this is what, sadly, the generation nowadays, is heading towards.

Prevention is not a practical option here. But, one thing to be remembered is that the change lies in you. The solution lies in your thought. The remedy is all but a single hesitant moment away. Every day the first thing that should come to everyone's minds is their list of priorities. Decisions should be taken based on this. A mental checklist should be pictured every morning that you wake up, and, if gaming is one of them, it should be made sure that every option above gaming is ticked away before jumping onto it. Finally to try to classify gaming as a boon or a bane is not worth it, as when it comes to this, it is wholly your choice to step across the line onto either side. But the bottom line is, this is a dangerous territory and you have to make sure your ears and eyes are open to others so that you are not completely lost in it.

**M.V.S. Padmavathi**, IT Coordinator,  
DSE Group of Institutions



## Math Club

### Living amid Numbers

**T**he main purpose is to promote interest and excitement about Mathematics in a friendly & collaborative environment. Students explore various topics in Mathematics. The club extends Mathematical knowledge and critical thinking skills by practicing mental ability problems during our weekly practices. These Math problems stimulate the mind and enhance our pattern recognition and logical reasoning capabilities! This club helps to foster a love for Mathematics.



## Personality Development

### The Need of the Hour

**E**ducation is a continuous process which aims to prepare every individual to play his/her role as an enlightened member of the society. Skills like problem solving, logical thinking, leadership and communication are highly essential for every individual today and it is also necessary to know how to be emotionally balanced. These key areas are focused by the Personality Development sessions at DSE.





## SAS ( Serious About Science) A Way of Life

Children have a tendency to make things, break things and handle things on their own but the conventional system of education does not allow them to do so. Self-expression, independent research, constructive activities, etc., are some of the opportunities provided by SAS. The Science club channelizes the innovative energy of students and makes use of their skills and talents, which satisfy their instincts and helps in their overall personality development. It also constructs space for students to explore their talents. That is what DSE believes in.



“To raise new questions, new possibilities, to regard old problems from a new angle, requires creative imagination and marks real advance in science.”

- Albert Einstein

### Tell Me Why...

DeeSians of Grade III & IV donned the roles of budding scientists on 21 August, 2015. ‘Serious About Science’ Club is part of DSE’s co scholastic activities that tries to inculcate scientific temper among students. In an endeavour to create curiosity among learners, a presentation was organized for parents.

Students welcomed parents with songs ‘Science is awesome’ and ‘I will save the Earth’. Food and its components were explained by students, nutrition facts and what to look for while buying packaged food was advised by the tiny food scientist. Demonstrations were given on how to identify the presence of starch and proteins in a food item. Wonder fruits and veggies spoke about their benefits and how they derive their colour. This was further extended to their use to create a beautiful art form – Kalamkari – an art of painting motifs on cloth using natural colours. Fermentation and its uses were also explained by these tiny science enthusiasts with the help of demonstration.

Simple yet interesting demonstrations on air pressure were well presented. Importance of

segregation of waste and managing the waste generated at home appealed to the guests. DSE Health Centre was set up to apprise parents of the basic knowledge and presence of mind of their wards in case of an emergency situation. Grade III finally presented a Nukkad Natak on ‘Save Environment’ that stole the hearts of parents. They appreciated the efforts of students in trying to sensitise the community.

The students of Grade IV took it a level further by throwing light on Dairy Science. They enlightened parents on the journey of milk by talking about composition of milk and its nutrients. The DSE Dairy was the star attraction. Ice cream lovers were tipped on its advantages and disadvantages.

Environmental issue like the carbon foot print, its causes, effects and mitigation was discussed. Gen Y has surely taken it upon themselves to bring back the lost glory of Mother Earth. Space Science was another attraction wherein students spoke about this yet nascent branch of science that has taken the world of science by storm. Eminent scientists were being spoken about, parts of a satellite were demonstrated and a

video of rocket launch was shown to the guests. Students mentioned about the accumulation of space junk and its dangers. A poem on ‘pradushan’ was also recited.

Parents also participated in an activity which was conducted in the school library. The aim of the event was to sensitise students to explore their surroundings and raise questions find solutions and acquire knowledge.

DeeSians wholeheartedly wish to make a difference in the way environment is being battered now. In order to practice what we preach, we made a humble effort in this regard. The invite for parents was sent in the form of a book mark and the envelopes were made of old magazine pages. Newspaper bags were gifted to parents to create awareness on ‘Reduce, Reuse, Recycle’. “We do not inherit the earth from our ancestors; we borrow it from our children.”

We, at DSE, hope, that each family associated with us will definitely take the cause further by reducing the burden on our precious Mother Earth and help us in making our students more inquisitive so as to gift the world many more ‘ignited minds’.



## BEYOND CLASSROOM WALLS

DSE is a beautiful place to learn. It provides the Deesians with the skills and experience they need to fulfill their potential. It is a place where they are given the support to create original work.

Well, hands- on learning takes place in a Work Experience session. Students can choose from a range of activities such as Krafty Kids, Master Chef, Fun with Fabric, Pottery, Photography, Fun Fab, Green Fingers, Decoupage and Let's Follow Edison. The mentors guide them in a step by step approach so as to ensure good learning. The outcome can be seen in the form of the products they formulate at the end of each session.

DSE can be rightly called 'a hive of Creativity and Research'.

### A Perspective

Our education has got to be revolutionized. The brain must be educated through the hand. If I were a poet, I would write poetry on the possibilities of five fingers. Those who do not train their hands, who go through the ordinary rut of education, lack MUSIC in their life.

- Mahatma Gandhi





## DECOUPAGE – CRAFT MEEE!

**D**ecoupage is the art of decorating an object by gluing coloured paper cut-outs, combining special paint effects, silver or gold leaves onto a flat base and then varnished. Students who are creative do not wait to think as it involves lot of fun. Learning how to decoupage opens up a variety of crafting possibilities.



## FUN FAB – OLD CHANGETH TO NEW

**M**aking useful, and decorative items from the waste articles and throw outs is what 'Fun Fab' boasts of. It is an unfailing project to enhance creativity and students learn how to use waste as a resource.







## GREEN FINGERS – LIVE & LET LIVE IN GREEN

**T**o create awareness among the students about the crucial role of the trees and plants played in our lives is the aim of this club. Students work relentlessly to create a pollution free environment in the school premises. While working for the club, they also understand that the plants are essential producers on Earth for harmonious living as they give out vital oxygen.



## KRAFTY KIDS – A NEW HORIZON

**T**he aim of this club is to allow the children to experience and enjoy all aspects of art & design e.g. painting, paper mache, collage, clay work and 3-D modelling. Children are encouraged to express themselves and be creative.





## LET'S FOLLOW EDISON LIGHTING UP LIVES

**S**tudents get involved in electrifying experiences by trying their hands on wires, batteries, bulbs, making circuits, torches, setting up mike systems, rectifying tube lights etc. They also get drawn in to achieve the output. These activities help them solve minute electrical problems and also paves the way to become innovative.



## MASTER CHEF – A DELIGHTFUL TREAT

**T**he little chefs are taught about the major components of a balanced diet and how ingredients can be combined to prepare delightful dishes. They are also taught basic cooking techniques of a variety of savoury and sweet dishes.





## PHOTOGRAPHY – CAPTURING THROUGH LENS

**O**ur inquisitive Deesiens satisfy their passion for creativity by capturing precious moments through the lens of a camera in the photography club. They learn all aspects of achieving the perfect shot effortlessly. The concepts taught are all about the varieties of lenses, angles, lighting and techniques involved in photography.

The young photographers are taken out to various locations to broaden their perspective and boost their exposure to different aspects of photography.



## POTTERY – A STEP BY STEP LOOK

**T**he students not only get to explore their creativity, but learn to give shape to their imagination. The innovators of this club make different types of models which depict the urban and rural life styles. Apart from this, they bring out a festive look in the school premises on the days of festivals.





## TEXTILE DESIGNING – UNLEASHING ORIGINALITY

**T**extile design is essentially the process of creating designs for woven, knitted or printed fabrics or surface ornamented fabrics. As students learn textile design principles through classroom, they begin to practically apply their knowledge. The main objective of this club is to discover the creativity of the students. Young designers of the school learn Block Printing, Batik, Tie -Dyeing, Shading etc.



## DANCE – SHIFTING MOSAICS

### PERFORMING ARTS Connecting with Mind, Heart and Body

Performing arts is a profound and important part of any child's education and the skills learned and experience gained in dance, music or art classes will affect and improve a child's ability in many areas of their life.

There is only one way to express who you really are.

The Performing Arts can take you far.

Dance, Music and Art

Comes straight from the heart.

Ganesh Sir teaches us to just let go,

All his moves have a beautiful flow.

Sujit Sir knows the right technique

All his students are unique.

Sashank Sir teaches us all about music

We all have a voice but he shows us how to use it.



## MUSIC – SONGS FOR SMILES



## VISUAL ARTS- TALENTS' TREAT

Thinking creatively with an open mind, observing and describing, analyzing and interpreting, expressing feelings, with or without words are clearly seen in Art classes. DSE always believes in opening the children's eyes to a new and exciting world and that is the reason art and craft classes execute simple and creative activities which are the building blocks of child development. These students participate in the school events, competitions and exhibitions with confidence and assurance.





## RACING FORWARD WITH ACTIVITIES

A HEALTHY MIND IN A HEALTHY BODY". Keeping this in mind, the school promotes and encourages a number of sports activities.



### TABLE TENNIS

Spun into the corner,  
Sliced into the net.  
Smashed into the cosmos,  
Flying like a jet.  
A fiendish forehand,  
A brutish backhand,  
And a stupendous smash ties this clash  
Thirteen-all.  
As many a stunned spectator perspires  
The ultimate end to this game that inspires  
Yields a standing ovation for what they  
have seen  
And the startling score line of nineteen-  
seventeen.

### SKATING

My feelings had wheels that day.  
They slid and fell and whizzed past  
I tried keeping up with them  
I laced my skates tight to hold my  
own I cleared my head in crowds,  
tossing myself forward so I could  
be on the same track  
And I still need more practice  
I never caught up with them.  
But I was sure that I will never Fall



### YOGA

Yoga a calming way of exercising  
Smelling the fresh air  
Listening to the teachers quiet voice  
Sometimes hands under the  
shoulders, touching the back bone  
Closing eyes to for minutes together  
Struggling to pose  
Yoga teaches the ups and downs of  
life



## KARATE

I come to you with only Karate, empty hands,  
I have no weapons,  
But should I have to defend myself,  
my principles, or my honour,  
should it be a matter of life or death,  
of right or wrong,  
then here are my weapons,  
Karate, my empty hands."



## ZUMBA

Zumba is rejuvenating,  
exciting, invigorating  
It makes your eyes shine  
bright

And your body feel light  
With every dance step

Every shake and turn  
Your body takes one  
step closer

To that perfect body  
shape

That's all about DSE's  
Wednesday Activities



## BASKETBALL

It's not a sport  
It's a lifestyle  
No one understands  
What it means to play it  
Not for the money  
Not for the fame  
But the love for the  
game  
Basketball  
Not a sport  
It's a lifestyle



## CHESS

The King,  
He is the one everyone is fighting  
for, but does he really deserve  
that?

The Queen,  
She goes to extreme lengths to  
fight for the one she loves. The  
King's a lucky guy.

The Bishops,  
Is it religion that keeps them from  
moving forward?

The Knights,  
Those mysterious guys swiftly  
make their way to their target.

The Rooks,  
They secretly plot the Queen's  
demise.

the pawns,  
they don't even get the capital  
because no one deems them  
worthy, but yet they are the ones  
on the front lines.

The Game of Chess is unfair.  
That's what makes it so much like  
life.



By Triya, VII

## DSE SHINING



**MD. Hassan, Grade VII** has won a "Samsung tablet" in Times NIE 'Think and Learn Challenge conducted on 23<sup>rd</sup> August, 2015 at Gachibowli Stadium.



**Naina Chakraborty, Grade IX** has won first prize (Dessert Category) in Teen Chef Competition conducted by the Pinnacle Institute of Hotel Management and Catering.



**Manika Khatter, Grade IX** has won a consolation prize in the Starters Category

The winners of Essay Writing Competition, Grade IX and X during the Vigilance Awareness conducted by SIDBI (Small Industries Development Bank of India).

**C. Parul- I Prize**

**Anushkha Jain -II prize**

**Megha Vuppala -III prize**

**Abdul Rahman Jilani & Md Faariz Baig-consolation**



**Mehuli Das and Syed Zaid of Grade VIII** have won the first prize in the Envi Quiz competition Organised by Sukuki Exnora on 24<sup>th</sup> August 2015.



**Mehuli Das of Grade VIII** was awarded the BEST DEBUTANT MERIDIAN MUN 2015. She has also been awarded the Best Student Reporter of the year by NIE, The Times of India.



**C.L. Arhant of Grade III** has secured 7<sup>th</sup> rank in the state of Telangana in the NSTSE- National Science Talent Search Examination, 2015 conducted by the Unified Council. He is also the class topper in school from Grade III.



## FIRST AMONG EQUALS

### well done!

Continuous effort — not strength or intelligence — is the key to unlocking our potential.

- Liane Carde



BEST IN CCA - KNIGHTS



BEST CLASS ASSEMBLY (INDIVIDUAL)- GRADE II A



BEST CLASS ASSEMBLY (OVERALL) IV A



BEST CLASS IN DISCIPLINE-VI B



BEST CLASS IN NEATNESS - V A



OVERALL CHAMPIONS- KNIGHTS





The school secured the third position in the Team Chess tournament conducted by 5<sup>th</sup> Rukmini Bai Memorial 2015-16.



Satya Surya Pranav, Grade VII got the third position in the 5<sup>th</sup> Rukmini Bai Memorial Table Tennis tournament 2015-16.

**“A trophy carries dust. Memories last forever.”**

## CBSE CLUSTER MEET

**Chess – (6<sup>th</sup> and 7<sup>th</sup> August, 2015) III Rukmini Bhai Inter School Chess Tournament**

S. No	Name	Grade	Position
1	Dhriti Agarwal	X	III
2	Freya Solanki	VI	III
3	Imaira Sameia Ahmed	IV	III
4	Rimsha Sultan	VII	III
5	Arhant C.L	III	Participation
6	Aisha I Kazi	III	Participation
7	Yuv Raj Sri Vardhan A	IV	Participation
8	Eshaan Chadavada	VI	Participation
9	Avantika Anoop	III	Participation
10	S Hasini	III	Participation

**Skating Tournament (6<sup>th</sup> to 9<sup>th</sup> November, 2015) Participated at DRS International School 2015-16**

S. No	Name	Grade
1	Atharva Nagarkar	I
2	Trinity A	III
3	Ayaan Ali	IV
4	N Jishnu Reddy	IV
5	Mirza Aarish Baig	VI
6	Eshaan Chadavada	VI
7	Zehara Fatima	VI
8	Urair Karim	VII
9	Shaima S	VII

**Table Tennis - ( 6<sup>th</sup> and 7<sup>th</sup> August, 2015) III Rukmini Bhai Inter School Table Tournament**

S. No	Name	Grade	Position
1	Rushil Bachina	VIB	Participation
2	S Sai Krishna Venkatesh	VIB	Participation
3	Romir Solanki	IVA	Participation
4	Sai Siddharth P	VB	Participation
5	Satya Surya Pranav	VI B	Participation
6	Shubham Sarda	VIII A	Participation
7	Shubhang Agarwal	VIIIA	Participation
8	Mazhar Ali Baig	XA	Participation
9	Sakshi Sarda	IXA	Participation

**Table Tennis – ( 28<sup>th</sup> – 30<sup>th</sup> October, 2015) DPS International School, Nacharam**

S. No	Name	Grade	Position
1	Mazhar Ali Baig	X	IV
2	Satya Surya Pranav	VII	IV
3	Shubham Sarda	VIII	IV
4	Sanskriti Das	III	Participation
5	Romir Solanki	IV	Participation
6	S Sai Krishna Venkatesh	VI	Participation
7	Palak Agarwal	IV	Participation

**Chess – Delhi School of Excellence, Attapur – Winning Movies Tournament (18<sup>th</sup> & 19<sup>th</sup> August, 2015)**

S. No	Name	Grade	Position
1	Arhant C.L	III B	Participation
2	Aisha I Kazi	III B	Participation
3	Yuv Raj Sri Vardhan A	IVB	Participation
4	Freya Solanki	VI B	Participation
5	Eshaan Chadavada	VI A	Participation
6	Imaira Sameia Ahmed	IVB	Participation
7	Avantika Anoop	IIIB	Participation
8	S Hasini	IIIB	Participation

“An athlete cannot run with money in his pockets. He must run with hope in his heart and dreams in his head.”



## BEFRIENDING

**A**s the in-house Counsellor of the three branches of Delhi School of Excellence, I believe that counseling empowers individuals and helps them to achieve mental health, wellness, and academic goals. Since children face unique and diverse challenges, both personally and developmentally that have an impact on academic achievement, there is a growing need of professionals to help children who have problems during their school life. The role of a school counselor is vital to the success of students of all ages. It is believed

that if help is provided at the right time with appropriate intervention the individual can lead a life that is more fulfilling and can gain a stronger understanding of self.

School counsellors work one-to-one with students of all ages, performing a range of informal assessments to identify their strengths and to uncover areas in need of improvement. The school counsellor collaborates with educators, parents, and other professionals to create safe, healthy, and supportive learning environment for all students.

As part of my role as a counsellor, I have conducted orientation for teachers and parents to create awareness about the importance of school counsellor in the school environment. I identify children with special needs such as those having learning difficulties, behavioural issues, and children with ADHD. Personal counselling sessions are conducted for children who have been referred by the teachers or parents for various reasons.

**SHIVANI WADHWA**  
Counsellor

## Enrichment Programme for Teachers

Date	Domain	Resource Person	Faculty
	Micro Teaching	Principal, Ms.Suparna Mehrotra	
	NCF	HM, Ms.Kalyani Chaudhuri	
	RTI	HOD Social Science, Ms.Fatima	
	Adolescent Education	HOD Science, Ms.Anasuya T	
		Counselor, Ms.Shivani Wadhwa	
	Report Writing	English Faculty, Ms.Kalyani & Ms.Lakshmi	
23 <sup>rd</sup> July, 2015	Social Science	-	Ms.Fatima & Ms.Deborati
24 <sup>th</sup> July, 2015	Environment Conservation	Sukuki Exnora	Ms.Kavitha
20 <sup>th</sup> March, 2015	Co Scholastic Areas	CBSE	Ms.Fatima & Ms.Anasuya
5 <sup>th</sup> June, 2015	English enriching workshop	ORIENT BLACKSWAN Pvt Ltd.	English dept of All branches
19 <sup>th</sup> June, 2015	English language Teaching	Oxford University Press	Ms. Mamta Vashisht
8 <sup>th</sup> August, 2015	Pre Primary workshop	Teach Next	Ms. Asma (Nursery) & Ms. Radhika (PPI)
20 <sup>th</sup> & 21 <sup>st</sup> Nov, 2015	CCE Capacity Building Workshop	CBSE	Ms. Fatima
1 <sup>st</sup> Dec, 2015	Hindi Teacher Orientation	Madhuban Publishers	Ms. K.Renuka & Ms. Usha





**Adolescent Education**

Workshops are plethora of knowledge ,  
Where something is learnt beyond the text books,  
Attending them is a enlightening privilege ,  
It is Something more than what it just looks,  
A vociferous sense of responsibility it Instills,  
They give us an attested sensation of confidence,



**Micro Teaching Workshop In Progress**

They teach us indispensable life skills,  
They teach us to tackle all sorts of predicaments,  
Supporting us to become leaders of tomorrow,  
So that we bring euphoria and no sorrow,  
So that we think in terms of solutions,  
And not in terms of problems.



**Orientation on National Curriculum Framework 2005**



**Workshop conducted by Next Lab**



**Workshop conducted by TEACH NEXT**

Be it fun-filled field trips or Educational trips, the students get a chance to break the mundane and monotonous way of learning.

These also help students interact with each other. The experience goes beyond reading about a concept and they are able to see it, manipulate it or participate in it physically.

## MAKING MONEY MORE MEANINGFUL

**T**he concept of money and credit was made much more meaningful as Grade X visited a branch of Bank of India. The officials were more than willing to share the working procedures of the bank with the students. It started with a volley of questions that had sprung from understanding of the lesson in economics.

From loans to savings, cyber hacking to RBI, IMG\_3021NRI's and rural population the questions were varied and interesting too. Ms. Aprana of BOI very patiently answered each and every query to our satisfaction.

The most interesting part was to fill the form to open a savings account. Although some of us have a saving account but we do not remember filling as our parents must have done for us. The responsibilities of every individual in the bank was explained us. Banking as a career was also discussed as a conclusion to the trip.



## VISIT TO STATE MUSEUM



**T**he students of Grades III – VIII visited the State Museum on 23<sup>rd</sup> July, 2015 & 3<sup>rd</sup> August, 2015, the Archaeological Museum at Nampally, where the Vijayanagara Empire came to life in front of us. We were lucky enough to see a real Egyptian mummy and how it had been mummified. The wonderful work of the craftsmen and artisans left us awestruck. Once, we were done exploring the past, we headed towards the Health Museum. This museum brought our science classes to life. From snakes to mosquitoes, from nutrition to cancer, it had everything one could ask for. The meaningful morning was educative, to say the least. Thankfully the weather was on our side so we strolled across the public garden admiring nature too.

## INDOMITABLE WE ARE, FEARLESS WE ARE - JAI JAWAN

**T**he students of Grade IX and X visited the Maratha Infantry Regiment on the occasion of Kargil Diwas. The programme started with the laying of wreath on the war memorial and then they were taken around the barracks and shown the way the soldiers are trained and lived. It was simply an amazing experience for the students to watch what our brave men undergo. The weaponry section was a great delight for the children who had the privilege to see different weapons used in warfare. The children were also enlightened about the importance of time and tough times they face in their lives.





## BLOOD DONATION CAMP

A Blood Donation camp was organized on 10th October, 2015. Parents and staff volunteered to donate this precious life saving resource to Niloufer Children's Hospital. The camp was organised by IDF, the NGO, which is DSE's social responsibility partner.



## BOOKS ARE MAGIC - KEN SPILLMAN

**A**n inspiring and interactive session with an acclaimed and versatile Australian author Mr. Ken Spillman was organized on Wednesday, 29<sup>th</sup> September, 2015. This programme was organized with the help of Scholastic publishers. The students of Grade V from Banjara Hills, Manikonda and Attapur branches enjoyed the histrionics by the guest speaker. This age group is the favourite with the author as he started writing stories when he too was in Grade V.

Mr. Spillman discussed about his latest collection- The Jake series. He shared his views, ideas and experiences about the magical effects of books with students. Children seem to have fallen in love with Jake and his idiosyncrasies.

A short question answer session was also conducted wherein he gave interesting and valuable tips to budding writers. The audience had a great learning experience. Children were inspired to explore their own talent, creativity and imagination and also communicate with the author at [kenspillman@hotmail.com](mailto:kenspillman@hotmail.com).

Scholastic also organizes a national story writing contest for children. The contest details will be available on [www.scholastic.com](http://www.scholastic.com) in January, 2016. Interested students can register for free and submit their stories. The award winning stories are published as a collection by Scholastic. So, let imagination run wild .... Pick up a pen n paper!





## THE SCIENTIST AND THE DOSA

Recently DSE felt honoured to have with them Dr. AP Jayaraman, a nuclear scientist. As soon as he began speaking he had the room's undivided attention to himself. He started off by explaining to us through amusing examples how important it is to assess and record things with regard to science. He emphasised on the importance of numbers and facts. While he did talk about human intelligence and general stupidity, he also explained Einstein's theory of relativity of time and to do all this he didn't need much more than just us. We were his muse, and he, the scientist, of course. Through this he clearly depicted that for any experiment to take place subjects play a vital role.

Next, he spoke about 'Dosa'. Yes, you read it right. If you can't believe that a scientist would choose to talk about it, you might as well reread the first line of this paragraph until you convince yourself. Moving on, he didn't just explain how it is made the way our mother or grandmother do but explained it the way a scientist would. To make things a little easier for one to understand, let me just say that instead of saying 'Sun is a star present in the centre



of our solar system', he said, 'Sun is the self-luminous, gaseous central star of our solar system and is made up of 92% hydrogen, 7.0839229% helium while the rest is assorted elements'. Once he had explained how to make Dosa, we moved on to Masala Dosa. Thrilling, isn't it? While he explained the process, he told us how important all the ingredients and proportions are for the dish to blossom into not just a Masala Dosa, but a very flavoursome Masala Dosa. It, for me, had a message along. Not a message everyone can decipher. It told us not only in Science, but also in our lives, every little thing matters because the presence or absence of the minutest of elements can make a lot of difference. Then we moved on to the most exciting part, Nuclear Masala Dosa. But, in order to understand it, we had to first know about gamma rays which

are high frequency electromagnetic rays. When objects are passed through it, any form of bacteria is killed. It also slows down natural processes such as ripening of fruits. Therefore, a Nuclear Masala Dosa is a Dosa made with ingredients that have all been treated with gamma radiation. He assured us that there are no side-effects. If you're wondering how to identify gamma radiated food from the normal one like we were, well, the RADURA mark will help you which is only found on gamma radiated food. Also, if you're wondering if one can take a gamma bath and radiate oneself free of germs like one of the DeeSians desired, well, don't think about, it's harmful for eyes.

The workshop ended with Dr. AP Jayaraman telling us that doubting isn't a bad thing after all since it pushes our boundaries and expands our horizons.

Personally, I think, more than promoting the idea of the very exciting Nuclear Masala Dosa, he wanted to show us how exciting Science is, what heights Science has reached and how vast the field is if we choose to make it our playground. It was a one of a kind session and Grade VIII, IX and X thoroughly enjoyed it.

**Mehuli Das. VIII**

## EYE CAMP



## DIVYA RETREAT - V TO X



## DREAM VALLEY - I TO IV





**VISIT TO NORTH INDIA - V TO X**



# MORNING HUES

**A**t DSE, the first lesson is discipline. The arena to kick-start our day in a disciplined manner is the Morning Assembly. Prayer is nothing but a purification of one's mind. Noble thoughts alone can make a mind pure.

The morning assembly starts with the school song where each line is a plea for noble and greater things to come to us . . . a prayer to the Almighty to manifest in our words and deeds.



WORSHIPPING LORD SHIVA - I A



EAT HEALTHY, BE HEALTHY - I B



VR 1 - II A



II B



DENTAL CARE - III A



BARD OF AVON - III B



BEGINNING OF INDIAN CINEMA - IV A



BE COURTEOUS AND POLITE TO ALL  
AROUND YOU - IV B



HEALTH AND FITNESS - TOP PRIORITY - V A



LEARNING THROUGH EXPERIMENTS - V B



IQBAL'S - SARE JAHAN SEY ACHAA  
HINDUSTAN HAMARA - VI A



MELODIOUS VANDE MATARAM - VI B



BE INDIAN-BUY INDIAN - VII A



COLOURS OF INDIA - VII B



SOCIAL CAUSE BROUGHT TO THE  
FOREFRONT- DO NOT WASTE FOOD - VIII A



SIGNIFICANCE OF FIRE IN  
INDIAN TRADITIONS - IX A



UNITY IN DIVERSITY - X

## GUESS WHO'S WHO?

### DOWN MEMORY LANE!

**Atmica** is vehemently amiable and friendly,  
Congruently she executes her tasks creatively,

**Ajab** is undeniably dedicated to school,  
She is adorable and abides by every rule,

**Amala** has a jocose sense of humour,  
She likes socializing and is worth to adore,

**Dhriti** considers chess as her domicile,  
In cooking, she is always ahead a mile,

The school Head Girl **Nida** is punctual and determined,  
She is hard-working and a good pal to find,

Of tenth grade, **Safa** is the Pablo Picasso,  
She is humble and keeps her pride low,

**Adeel** is jocund and creative,  
He is humourous and is always interactive,

**Ashish** always excels in sports,  
His sportsmanship Is most likely to endorse,

**Faariz** is responsible and meticulous,  
His thought process is unique and vivacious,

**Faiyaz** has knowledge up his arsenal,  
He is the epitome of an excellent artisan,

**Gorank** is jovial and exuberant,  
His kindness is remarkable and he is extremely munificent,

The discipline prefect **Gurudutta** is always ready to  
check the discipline of the school,  
He always tries to keep the ambience cool,

**Kashif's** frank remarks are often true, as a successful  
house captain he is already through,

**Mazhar** has a crave for writing poems,  
His creativity clearly froths and foams,

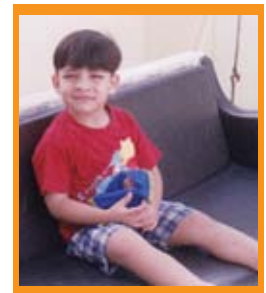
**Nikhilesh** is the Head boy of the school,  
He is respectful, jolly, calm and cool,

**Suhaib** is a talented artist,  
His melodious voice Is at the top of the list,

**Areeb** is responsible and reliable,  
He is amazingly sincere and is always in discipline,

We have **Mujtaba** who is often non stentorian,  
His humorous company is frolic and fun.

**By Peeraan**





## DEAR TEACHERS . . .

It is our last year here and we shall be surely missing you all,  
You taught us how to run in life, otherwise we would just merely crawl,

We all shall be expecting different paths that we eagerly await,  
But we shall be thankful to you, for you have given us this fate,

You are the best, you taught us to abide by guidelines,  
You made us disciplined, and that our character now defines,

Never shall a day pass without us missing your love that is so limitless,  
We wouldn't have achieved anything without you all, we shall confess,

We do not regret those moments spent out of class for it is the real essence of schools,  
Laughing upon each other and yet trying not to look like a bunch of fools,

If we ever hurt you real deep, we would like to apologize for it was not deliberate,  
You're the one's who showed us the path and set us straight,

Without you we wouldn't rise, without you we would be nothing,  
You're the best we could ever get, you all are absolutely stunning,

You have gifted us with the elixir of life, we often call it knowledge,  
You shall never be forgotten, never even when we're in college,

Every moment in your presence shall we celebrate and cherish,  
We only wish the best for you and let your happiness flourish,

If we are ever asked what shall perfection look like? You are our evidence,  
We shall feel proud to say anytime that we studied in Delhi school of excellence.

**Mazhar Ali Baig, X**





## WORDS OF CARE

Dse' s first batch has no match  
 Everyday has been a win win catch  
 Loving affectionate caring and compassionate  
 Always smiling even if to school they were late  
 Mundane jobs like studying and writing  
 Seldom seemed too inviting  
 Cracking jokes and laughing for no reason  
 Anytime...any season  
 Dear charming boys and sweet girls  
 Keep up this spirit,  
 Spread happiness like shiny pearls  
 We want to see you at the pinnacle  
 Let your life unfurl like a fable  
 Never feel low when you are put down  
 Remember your head is made only for the crown

All the Best!

**Ms. Kalyani Chaudhuri**  
**Head Mistress**

**1** 6<sup>th</sup> February, 2016 the day when we bid adieu to our first batch of Grade X students. A day of mixed feelings and emotions- Happy to see them venture into the world full of dreams and expectations and even more so because this institution has nurtured, supported and strengthened their beliefs and values. The valedictory function "Au Revoir" 2015-16 was organized by Grade IX students who put up a scintillating performance on the stage which had elements of fun, joy and laughter which left the audience spellbound and mesmerized. The show started by welcoming the seniors and the various dignitaries present, The Academic Director DSE group of institutions Ms. Shashikala, Principal Ms. Suparna Mehrotra, Vice Principal Ms. Veena Murthy and Headmistress Ms. Kalyani, Pre-Primary Incharge of DSE group, Ms. Shailaja and not to mention the teachers who have always stood with the students, motivating and guiding them at every moment. To choose Mr. and Ms. DSE 2015-'16, Grade X girls and boys, who looked beautiful and suave in their black and white attire had to go through two rounds - The first round was the Ramp Walk with DSE tadka where each student had to use a prop in the most appropriate way to walk on the ramp which was later followed by a questionnaire round to judge their grey cells. The students were also awarded the Oscars they deserved which was a title based on their personality, achievements and interests. There was surely some foot tapping numbers to entertain the seniors and the audience alike. The culmination of the show was the declaration of Mr. and Ms. DSE by Ms. Shashikala, Academic Director and Principal, Ms. Suparna Mehrotra who blessed the children for their Board Exams and the life ahead. Just before the lip smacking eats, the head boy and the Head Girl, Nikhilesh and Nida cut a huge cake. To conclude, I would say three years down the line these children have left behind memories to cherish forever in the memoirs of DSE Banjara Hills. God Bless them all.

**K. Fathima, HRT, Grade IX**



## WE LET OUR MINDS SPEAK...

**Former Indian captain Kapil Dev has said master blaster Sachin Tendulkar did not know how to make double, triple tons. Do you endorse his views?**

Yes, I endorse his views as he is not trying to question Sachin's abilities. He is just trying to say that with the kind of talent he has, he could have gone further than what he is now. Kapil is a great judge of talent so it should not be taken lightly.

**Ibrahim, VIII**

I vehemently agree with Kapil Dev. Sachin Tendulkar had loads and loads of talent but it is felt that he did not justify his potential. Although he set up an astonishing record but even that record seems to be quite sullen in respect to his potential and his undeniable talent. But I feel that Kapil Dev should have expressed this opinion before Sachin had retired. If he had done so, we would have at least seen some more scope of improvement in Sachin Tendulkar which might have been beneficial for the Indian team.

**Peeran Quadri, VIII**

**Former Oz captain Ricky Ponting feels that coin toss in test matches should be eliminated. Instead he has suggested that the touring side should be given the chance to make the decision on whether they wish to bat first or field/bowl first. Do you agree?**

I suggest that the toss should not be eliminated because toss creates a sense of equality between the two teams. Take an example of India where a number of matches are held, if the toss is eliminated then India will be at a serious disadvantage.

**Ibrahim, VIII**

I do not support this statement because It will make the touring side seem more superior and at a greater advantage than the home side. This will not endeavour to promote equality and the toss is perfectly ok because it gives both the sides 50-50 chance to choose whether they wish to bat or bowl.

**Peeran, VIII**

**Australia captain Michael Clarkes test career could be over if he fails with the bat during the fourth test at Trent Bridge, Australian media said on Tuesday, saying he looks lost and knows the end is near. Do you feel Clarke should resign?**

Such extreme measures are not needed to be taken, I believe he should be moved from the post of captain to just a player. He just needs to find his way but it will take some time. It should be up to his teammates to decide at the end.

**Ibrahim, VIII**

No, I do not feel that the Australian captain should resign. Losing and winning is a part of cricket and every game and the Australian captain's career should not be at stake even if he loses because he is a very good player and must not be fired for losing a game. If his team members are not satisfied with his performance, he can be asked to withdraw captainship.

**Peeran VIII**

**A parliamentary standing committee has come down heavily on the sports authority of India for continuing with its bureaucratic tradition of appointing individuals without a sports background in key positions. What's your take?**

The Sports Authority of India needs experienced people who have a sports background so that they know the needs of other sportsmen and women. They should know the requirements of the team.

**Naina, IX**

Sports persons are not being represented at any level in the functioning of Sports Authority of India today. Many of the sports institutes are headed or managed by persons not having any sports background. I think the involvement of sports persons in the functioning of SAI could go a long way in creating good infrastructure and sports facilities at every level as the sports persons are familiar with the kind of facilities, infrastructure, coaching, diet, training and support service required for sports persons. I think the parliamentary committee is right in slamming the SAI and corrective measures should be taken immediately.

**Anushka Jain, IX**

I feel that the situation requires immediate corrective steps. The Department of Sports and Sports Authority of India should take steps to evolve an effective mechanism for regular dialogue and coordination with sports boards and various organizations and federations so that duplication of efforts and wastage of scarce fund is avoided. The Sports Authority of India (SAI) should be restructured to streamline the functioning of the body.

**Parul Chintapally, IX**

Yes I agree with the Parliament. There are many Indian sports persons who get booed throughout the entire season if they lose a single match. Some of these sportsmen are even fired by these bureaucrats who do not even understand them. Retired people in the field of sports or people who at least have a sports background deserve to have a seat in the sports committee.

**Peeran, VIII**

**Nirupama sanjeev, former India no.1 and the first women's singles player from the country to win a round in grand slam, feels the scenario hasn't changed for Indian women's tennis in the last two decades. Do you agree?**

I agree, as in tennis women are still lagging behind. It's true that we have won many times but how many Indian girls play tennis? The same players play every year and sometimes win. If we can encourage more girls to play tennis, then India can rise in the field of tennis.

**Ibrahim, VIII**



## Remembering Gandhiji

3<sup>rd</sup> Nov 2015

In the 2<sup>nd</sup> of October every year India celebrates Gandhiji, the birthday of one of the greatest personalities of all times who saw the world the likes of which and non-violence.

At Delhi School of Excellence, Banjara Hills, the national celebrations to mark the birth anniversary of the father of our Nation. The solemn beginning was made with the garlanding of Mahatma Gandhi's portrait. The pre-primary students presented a special assembly based on the teachings and principles of Gandhiji. They presented a skit inspired by the two characters 'Munna' and 'Circus' from the Hindi movie 'Munna Bhai MBBS'.

They also portrayed the three wise monkeys of Gandhiji representing the values which he had instilled in his followers.

Students from different grades dressed up as Gandhiji and spoke about the Gandhian values that each of them has inherited in his/her life. There was a beautiful poetry recitation emphasizing the principles of Gandhiji by the student council members of Grade V. Principal, Suparna Mohanta referred to Gandhiji not only as a person of the 20<sup>th</sup> century, but also as a person who is relevant to this century.

Students of grade V and VI participated in a book competition on Gandhiji which is illustrated by his own words. Various stories that depict his life, struggles across the world named after him.

Students of grade V and VI were given the task to prepare a scrap book on similar lines. The day was celebrated with great enthusiasm and patriotism.

Delhi School of Excellence, Banjara Hills

## When houses are at war

Intel House Competitions 2<sup>nd</sup> September 2015

Everything, everything and education is how we would describe the Intel House Competitions held at Delhi School of Excellence, Banjara Hills.

Students of class V and VI participated in a book competition on Gandhiji which is illustrated by his own words. Various stories that depict his life, struggles across the world named after him.

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Delhi School of Excellence, Banjara Hills

## Telugu, our mother tongue

Telugu Divas 1<sup>st</sup> September 2015

On the occasion of Gidugu Ramamurthy's birth anniversary, the students of Delhi School of Excellence, Banjara Hills, celebrated Telugu Divas in a grand manner. Our headmistress, garlanded the portrait of Gidugu Ramamurthy and spoke about the sweetness of the Telugu language.

Students of primary performed a short skit on the Ramayana. Class VII students performed a Telugu folk dance and sang a patriotic song. High school students performed a skit on the Ramayana.

Delhi School of Excellence, Banjara Hills

## Menace to marine life concerns us too

Students draw attention to the often neglected marine life and spoke about the same...

On 1<sup>st</sup> September, the students of Delhi School of Excellence, Banjara Hills, participated in a competition on marine life. The students were given the task to draw a picture and write a short story on the menace to marine life.

Students of class V and VI participated in a competition on marine life. The students were given the task to draw a picture and write a short story on the menace to marine life.

Delhi School of Excellence, Banjara Hills

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Delhi School of Excellence, Banjara Hills

## For it is in giving that we receive

Students of Delhi School of Excellence, Banjara Hills, participated in a competition on giving. The students were given the task to write a short story on the importance of giving.

Students of class V and VI participated in a competition on giving. The students were given the task to write a short story on the importance of giving.

Delhi School of Excellence, Banjara Hills

## Honoured to be responsible

Students of Delhi School of Excellence, Banjara Hills, participated in a competition on responsibility. The students were given the task to write a short story on the importance of responsibility.

Students of class V and VI participated in a competition on responsibility. The students were given the task to write a short story on the importance of responsibility.

Delhi School of Excellence, Banjara Hills

## Rashtriya Eka Divas Observed

Students of Delhi School of Excellence, Banjara Hills, participated in a competition on Rashtriya Eka Divas. The students were given the task to write a short story on the importance of Rashtriya Eka Divas.

Students of class V and VI participated in a competition on Rashtriya Eka Divas. The students were given the task to write a short story on the importance of Rashtriya Eka Divas.

Delhi School of Excellence, Banjara Hills

## France, French and fun

Students of Delhi School of Excellence, Banjara Hills, participated in a competition on France. The students were given the task to write a short story on the importance of France.

Students of class V and VI participated in a competition on France. The students were given the task to write a short story on the importance of France.

Delhi School of Excellence, Banjara Hills

## Children's Day

Students of Delhi School of Excellence, Banjara Hills, participated in a competition on Children's Day. The students were given the task to write a short story on the importance of Children's Day.

Students of class V and VI participated in a competition on Children's Day. The students were given the task to write a short story on the importance of Children's Day.

Delhi School of Excellence, Banjara Hills

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Delhi School of Excellence, Banjara Hills

## Paint it Orange

Students of Delhi School of Excellence, Banjara Hills, participated in a competition on Paint it Orange. The students were given the task to write a short story on the importance of Paint it Orange.

Students of class V and VI participated in a competition on Paint it Orange. The students were given the task to write a short story on the importance of Paint it Orange.

Delhi School of Excellence, Banjara Hills

## How authors charm

Students of Delhi School of Excellence, Banjara Hills, participated in a competition on How authors charm. The students were given the task to write a short story on the importance of How authors charm.

Students of class V and VI participated in a competition on How authors charm. The students were given the task to write a short story on the importance of How authors charm.

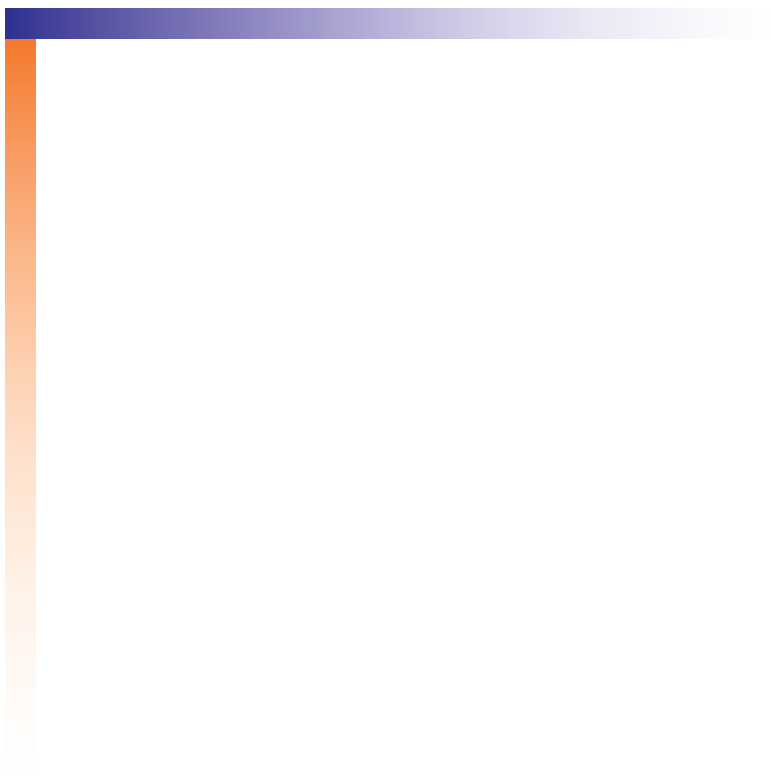
Delhi School of Excellence, Banjara Hills

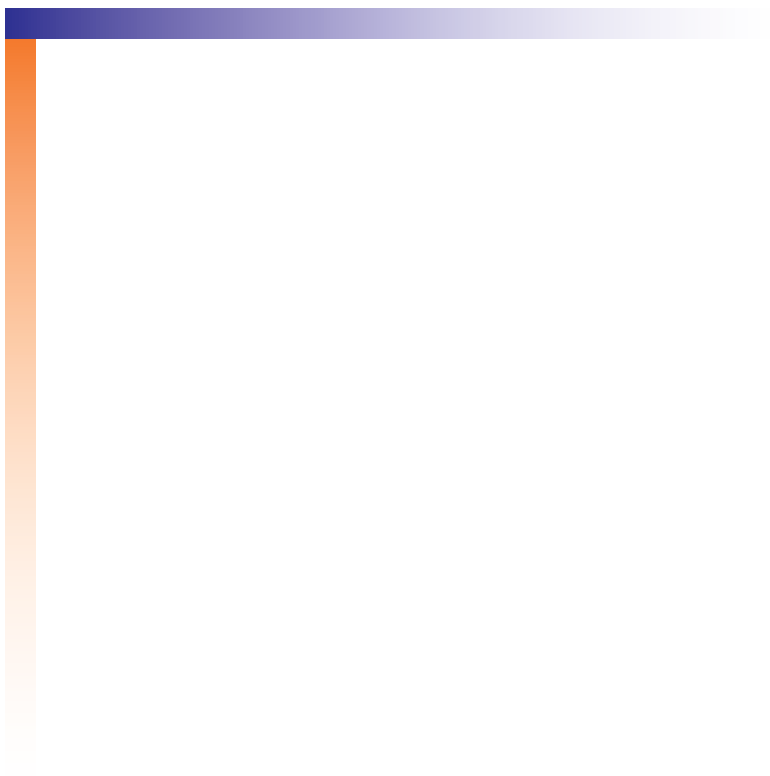
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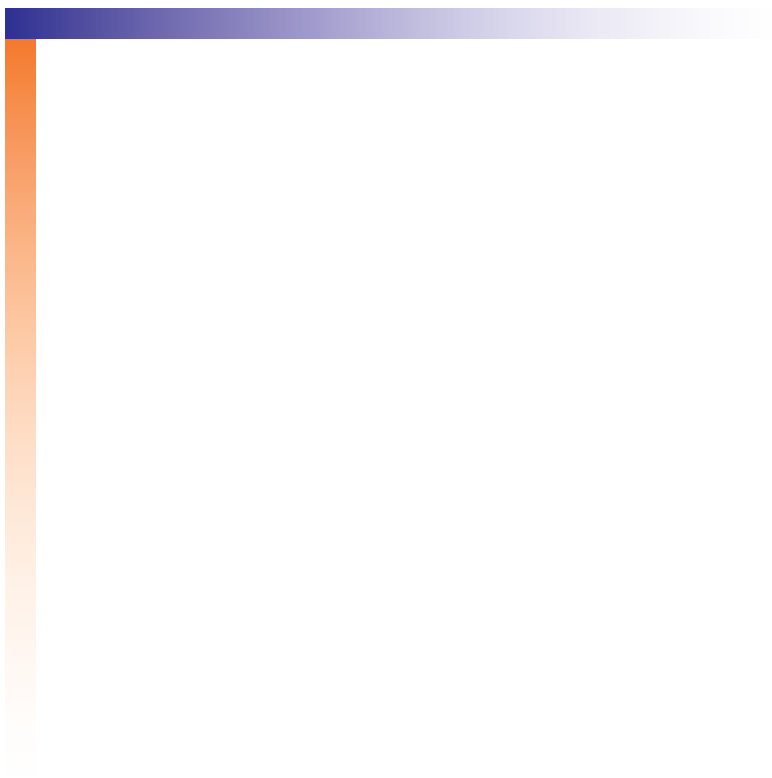
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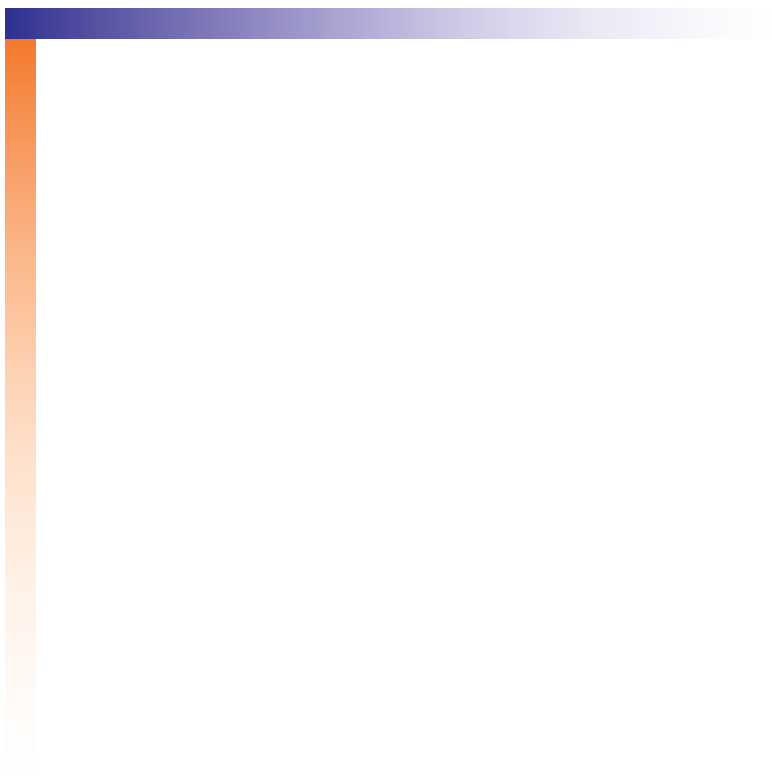
Delhi School of Excellence, Banjara Hills

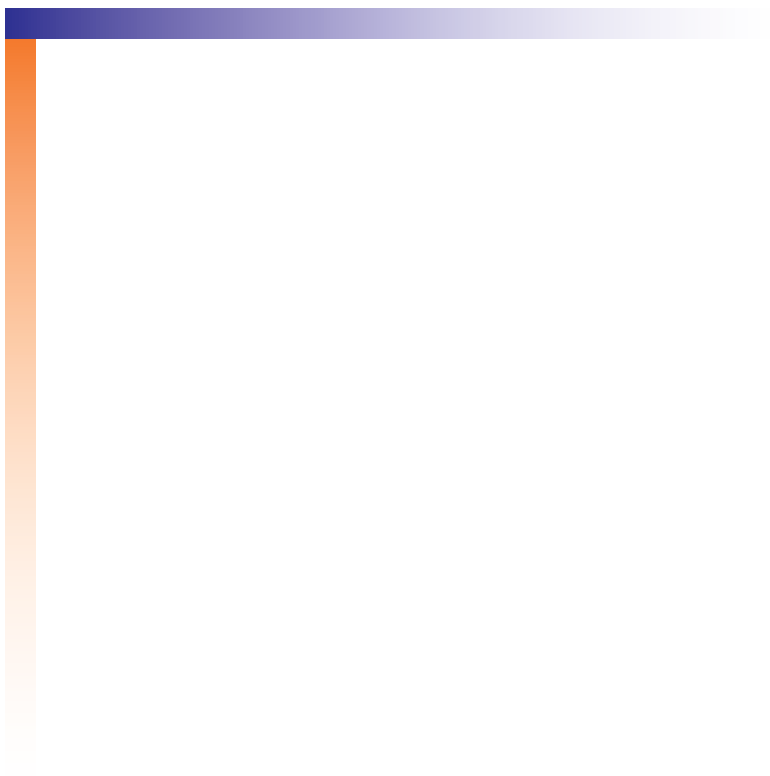




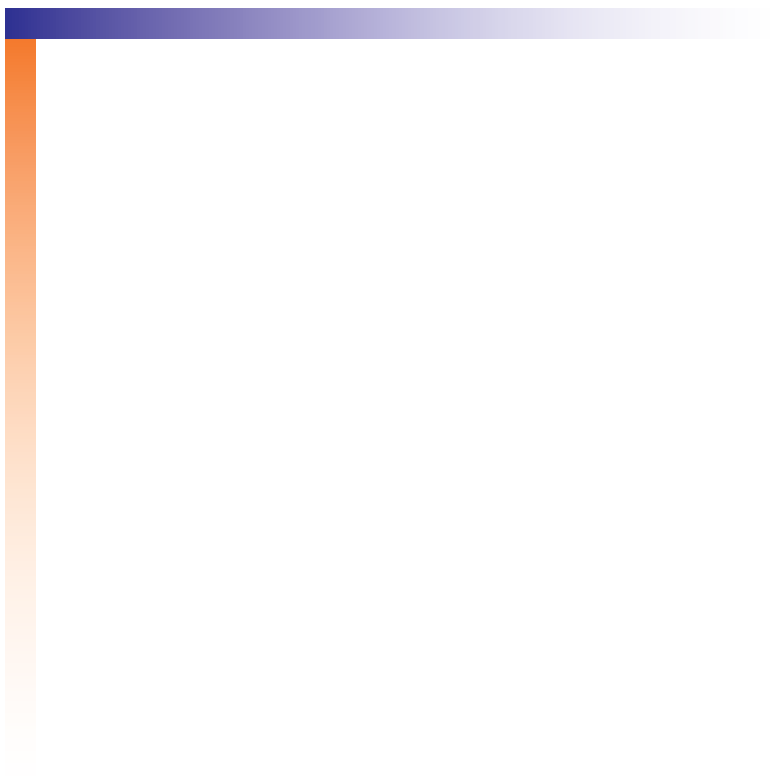


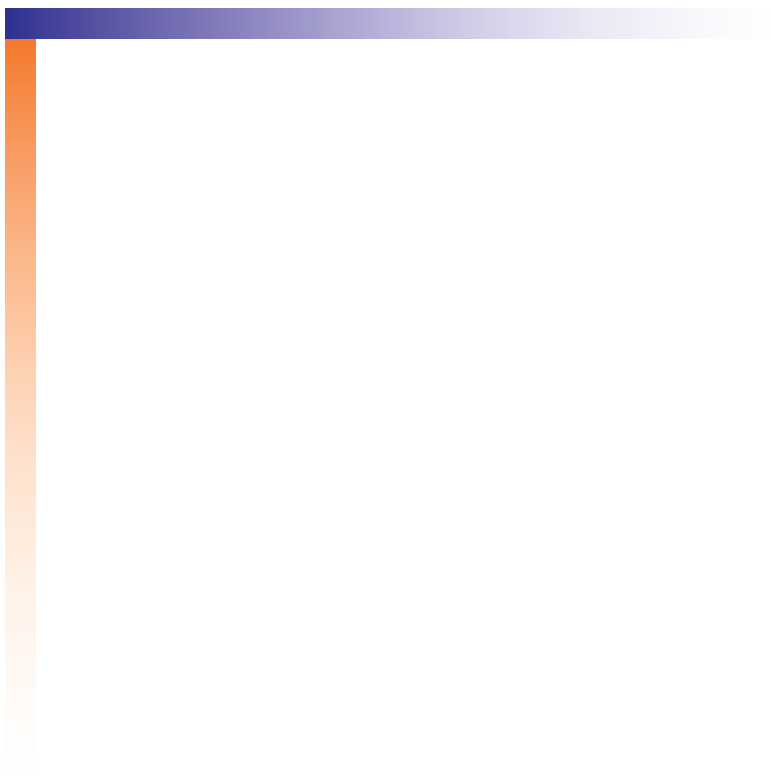


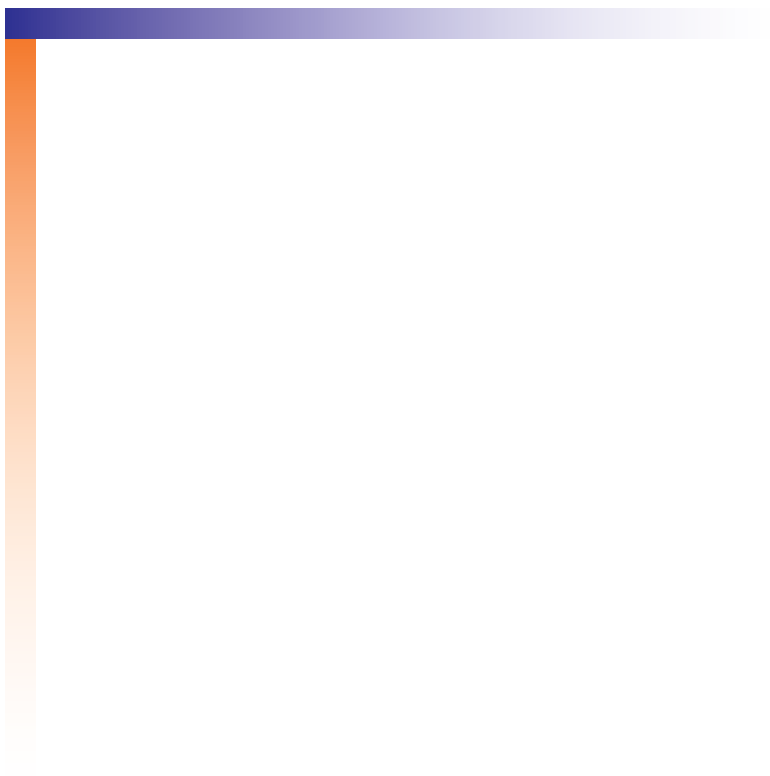




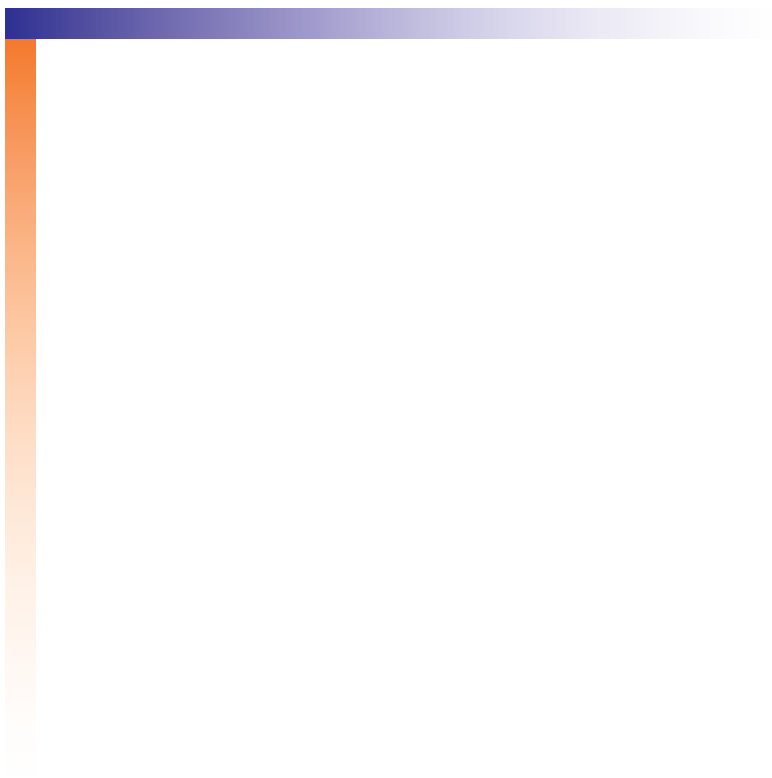


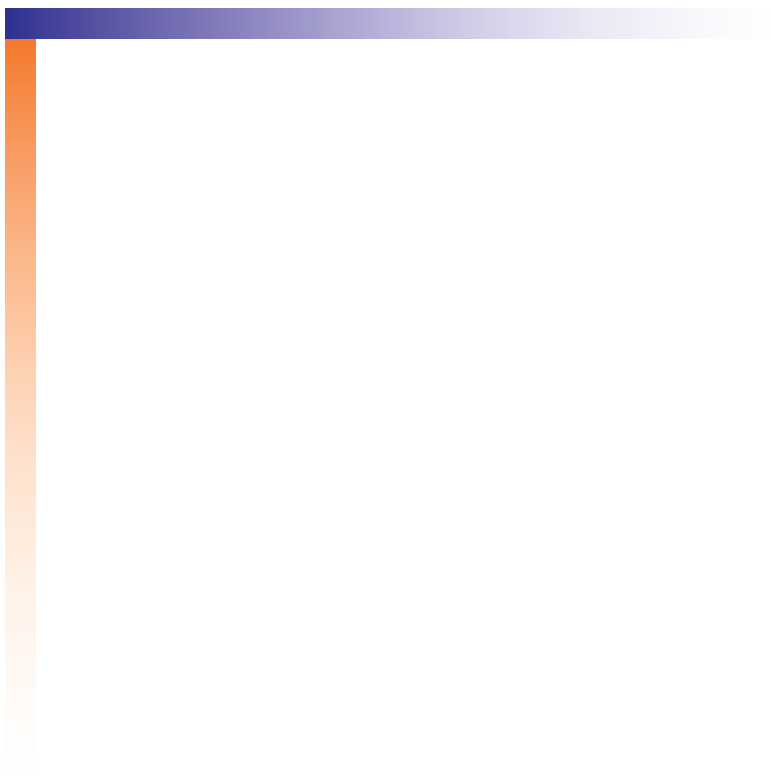


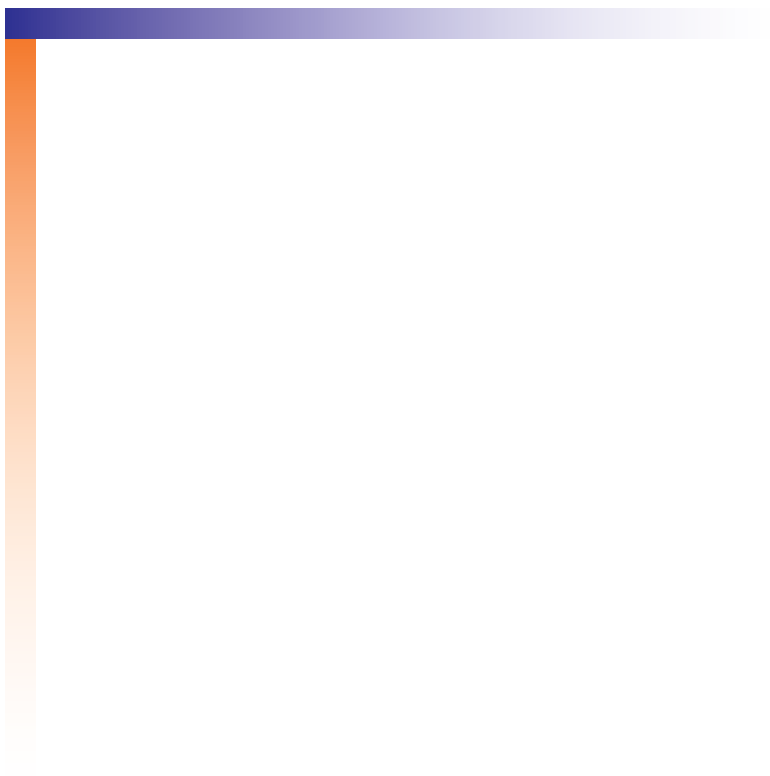














## THE DSE PITCH

Being an ardent follower of the game of cricket and admirer of the likes of Kohli, Sharma, Ashwin and other members of the young brigade, one fine morning I sat down to compare these young and motivated 'Men in Blue' with the DeeSians who are no less gutsy persevering and also possess the 'never-say-die' attitude. Routine at school with its highs and lows, anxiety and appreciation, a sense of camaraderie are all akin to what these men demonstrate on ground. Let's see how the DSE pitch matches the Cricketing terminologies.

**TEAMS** – DEESIANS

**COACHES** - TEACHERS

**UMPIRES** - PRINCIPAL & HEAD MISTRESS

**Toss-** Between Games period or academic class

**First Innings** – New Admissions

**Elegant strokes** – Morning Assemblies, Inter House Competitions,  
CURIOSITY'16

**Bouncers** – FA's and SA's

**Maiden Overs** – Poor Attendance on working days

**Hat Trick** – INTACH Movies

**Sixer** – Raftaar 2015

**Free Hit** – Children's Day & Picnic

**Power Play** – Use of Technology

**Third Umpire** – PTM's

**Post Match party** – Farewell for Grade X

**Victory** – Project at National Entrepreneurship Network  
Article in the National Vigilance Magazine

**Audience Applause** – Parents' visit – Kindergarten to Grade IV Activities

**Dug Out!** - That one corner on the second floor (we know it Grade IX !)

**Ms. Suparna Mehrotra**

Former Principal

